



**GREENACRES  
MARKET**

**MAY SALES 2020**

# Refocus & Relax

Supplement  
Relief for Stress  
page 2

Now Shop  
GreenAcres online  
page 3

Don't Forget...  
Support Your Immune System  
page 15



**GREENACRES.COM**

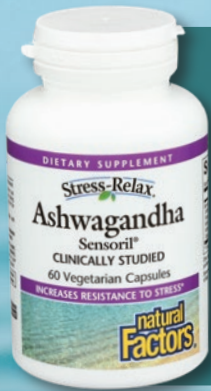




FROM YOUR FRIENDS AT GREENACRES



# Supplement Relief - for - **STRESS & ANXIETY**



## ASHWAGANDHA

This Indian herb is an adaptogen that helps you adjust to stress and bring your body and mind back into balance. Natural Factors Ashwagandha is a patented version of the herb, Sensoril, that has been studied for effectiveness.



## L-THEANINE

This amino acid that comes from green tea is a calming supplement that can calm your mind and improve the quality of sleep. Now Foods Double Strength L-Theanine is a GreenAcres' favorite!

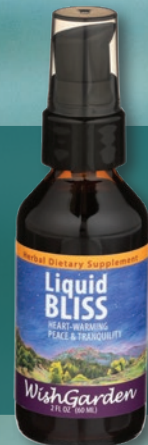


## CBD

This beneficial supplement from the hemp plant has remarkable benefits for helping maintain calm and decrease anxiety during stressful times. Charlotte's Web Hemp Extract is a good place to start for a CBD supplement.

## LIQUID BLISS

This herbal remedy is a combination of herbs that help to calm you down fast with no tiredness or side effects. Wishgarden Herbs' Liquid Bliss is formulated with North American herbs that work quickly.



## OUR MISSION

GreenAcres Market & Deli is your community Natural Foods Market committed to providing:  
Quality Education | Dedicated Customer Service | Fresh, Natural & Organic Products | A Unique Shopping Experience  
In order to improve the health of our community one person at a time.

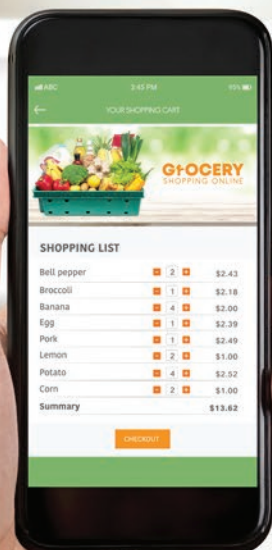


**GREENACRES  
MARKET**

Your healthy food experts

# Grocery Shop ONLINE!

Visit **GreenAcres.com** & start shopping from the comfort of your home.



POWERED BY  
**mercato**



- ✓ SUPPLEMENTS
- ✓ PRODUCE
- ✓ GROCERIES
- ✓ & MORE!
- + FREE DELIVERY!\*

\*Free delivery during 14 day trial.

## Comfort Foods -for- SNACKING WITHOUT THE GUILT!

**Fat Snax Cookies** - The kids are restless and want to munch all the time; what do you do? Offer them these sugar-free, gluten-free cookies in handy two-packs. GreenAcres features double chocolate chip, chocolate chip and peanut butter choices that are sure to please.

**Simple Mills Almond Flour Crackers & VioLife Cheddar Cream Cheese** - Watching TV and snacks go together. This exciting combination is grain-free, gluten-free and dairy-free - but don't worry, you will not be able to tell. A perfect addition to a soup or salad dinner with a remarkable fun factor.

**BHU Keto Chocolate Chip Cookie Dough** - Vegan, 1 gram of sugar, gluten-free treats are a healthy dessert item you can enjoy anytime!

**Unreal Dark Chocolate Coconut Bars** - Gluten-free, vegan coconut bars are reminiscent of the dark chocolate coconut bar that we grew up. Only three grams of sugar in this little treat that is great for a pocket or purse, although we doubt it will last long in either place!





1907  
NEW ZEALAND  
ARTESIAN WATER  
1 liter



**2/\$3**

# GROCERY SHOPPING MADE HEALTHY

BLUE DIAMOND GROWERS  
ARTISAN NUT THINS  
4.25 oz.



**2/\$6**

ALTER ECO  
ORGANIC DARK  
CHOCOLATE TRUFFLES  
4.2 oz.



**\$5<sup>99</sup>**

ARTISAN TROPIC  
GLUTEN-FREE  
CASAVA STRIPS  
4.5 oz.



**\$2<sup>99</sup>**

BAKERLY  
BRIOCHE ROLLS  
8 ct.



**\$3<sup>49</sup>**

BEANFIELDS  
GLUTEN-FREE  
BEAN CHIPS  
5.5 oz.



**2/\$5**

# FAIRNESS TO Farmers

ORGANIC FAIR TRADE  
COFFEE  
10-12 oz., Select Varieties

ORGANIC FAIR TRADE  
CHOCOLATE BARS  
2.8 oz.



**2 FOR  
\$5**

BOULDER CANYON  
ALL-NATURAL  
BEEF JERKY  
2.5 oz.



**\$5<sup>79</sup>**

BOULDER CANYON  
AVOCADO OIL CHIPS  
5.25 oz.



**2/\$5**

CANYON BAKEHOUSE  
GLUTEN-FREE  
WHOLE GRAIN BREAD  
12-18 oz., Select Varieties



**\$4<sup>69</sup>**

CARRINGTON FARMS  
COOKING OILS  
16 oz., Select Varieties



**\$8<sup>99</sup>**

**Fair Trade Day: May 9** | Please support Fair Trade Products!  
• promotes fair payment of workers in developing countries.  
• advocates for responsible production & management of natural resources.



ALKALINE 88  
FLAVOR INFUSED  
8.8 PH WATER  
16.9 oz.



**2/\$3**

CHOCOLOVE  
PREMIUM  
CHOCOLATE BARS  
Select Varieties



**2/\$5**

CLEAN CAUSE  
SPARKLING ORGANIC  
YERBA MATE  
16 oz.



**2/\$4**

DR. BRONNERS  
ORGANIC VIRGIN  
COCONUT OIL  
14 oz.



**\$7<sup>99</sup>**

HIPPEAS  
ORGANIC  
CHICKPEA PUFFS  
4 oz.



**2/\$5**

FLAX4LIFE  
GLUTEN-FREE  
INDIVIDUAL MUFFINS  
2 CT., SELECT VARIETIES



**4/\$5**

BEANITOS  
GLUTEN FREE  
BAKED BEAN CHIPS  
4.5 oz.



**2/\$5**

WOODSTOCK  
ORGANIC  
CONDIMENTS  
8 oz., Select Varieties



**2/\$5**

## Springtime STAPLES

FOOD SHOULD TASTE GOOD  
GLUTEN FREE  
TORTILLA CHIPS  
5.5 oz.



MUIR GLEN  
ORGANIC  
CANNED TOMATOES  
14.5 oz., Select Varieties



LARABAR  
FRUIT &  
NUT BAR  
Select Varieties



MUIR GLEN  
ORGANIC  
CANNED TOMATOES  
28 oz., Select Varieties



FROM THE GROUND UP  
GLUTEN-FREE  
CAULIFLOWER CHIPS  
4.5 oz.



**2/\$6**

FRONT PORCH PECANS  
ALL NATURAL  
ROASTED PECANS  
4 oz.



**\$4<sup>29</sup>**

EVAMOR  
NATURALLY ALKALINE  
ARTESIAN WATER  
64 oz.



**2/\$4**

HIGH BREW COFFEE  
COLD BREW COFFEE  
8 oz.



**2/\$4**



FLOW  
ALKALINE  
SPRING WATER  
16.9 oz.



**5/\$5**

ESSENTIA  
HYDRATING 9.5 PH  
ELECTROLYTE WATER  
1 Liter



**\$1<sup>79</sup>**

HONEST TEA  
ORGANIC TEAS  
16 oz.



**2/\$3**

MADE GOOD  
ORGANIC SOFT BAKED  
COOKIES  
5 ct.



**\$2<sup>69</sup>**

LATE JULY  
ORGANIC  
POTATO CHIPS  
5 OZ.



**\$2<sup>79</sup>**

LATE JULY  
ORGANIC RESTAURANT  
TORTILLA CHIPS  
11 oz.



**2/\$6**

NIXIE  
ORGANIC FLAVORED  
SPARKLING WATER  
8 ct.



**\$4<sup>49</sup>**

OZERY  
ALL-NATURAL  
MORNING ROUNDS  
12.7 OZ., SELECT VARIETIES



**\$2<sup>99</sup>**

PEELED SNACKS  
ORGANIC BAKED  
PEA SNACKS  
3.3 OZ.



**2/\$4**

PARM CRISPS  
OVEN BAKED  
CHEESE SNACK  
1.75 oz.



**\$2<sup>69</sup>**

PURELY ELIZABETH  
GLUTEN-FREE BARS



**2/\$3**

MAXINE'S HEAVENLY  
GLUTEN-FREE  
COOKIES  
7.2 oz.



**\$5<sup>49</sup>**

**GROCERY SHOP  
ONLINE!**

**\$10 OFF \$20+ ORDER  
- SHOP NOW AT -  
GREENACRES.COM**

\*LIMIT 1 PER CUSTOMER



RX NUT BUTTER  
NUT BUTTER  
PROTEIN SPREAD  
10 oz., Select Varieties



**\$7<sup>49</sup>**



SANTA CRUZ  
ORGANIC LEMONADE

32 oz.



**2/\$4**

SIETE  
GRAIN-FREE  
TORTILLA CHIPS

5 oz.



**\$4<sup>29</sup>**

SIETE  
GRAIN-FREE  
TORTILLA CHIPS

4 oz.



**\$3<sup>29</sup>**

SIMPLE MILLS  
GLUTEN-FREE  
CRACKERS

4.25 oz.



**\$4<sup>19</sup>**

TASTY BITE  
ALL-NATURAL  
RICE POUCHES

8.8 oz.



**2/\$4**

TENDER & TRUE  
ORGANIC JERKY  
DOG TREATS

4 oz.



**\$5<sup>99</sup>**

THE GOOD CRISP  
GLUTEN FREE  
POTATO CRISPS

5.6 oz.



**2/\$5**

THINK!  
PLANT BASED & 20 G  
PROTEIN BARS

Select Varieties



**\$1<sup>39</sup>**

**This chocolate is  
UNREAL!**

FAIR TRADE CHOCOLATES

3.2-6 oz.

DARK CHOCOLATE  
NOUGAT BARS

3.4 oz.



**\$3<sup>99</sup>**



TOLERANT  
ORGANIC PLANT-  
BASED PASTA

8 oz.



**\$3<sup>29</sup>**

ETERNAL  
NATURAL ALKALINE  
SPRING WATER

20.28 oz.



**99¢**

NOW OFFERING



**CURBSIDE  
PICKUP  
AND  
DELIVERY**

FREE DELIVERY FOR 14 DAYS!

MORE INFO AT  
[GREENACRES.COM](http://GREENACRES.COM)

- Fair trade certified
- Lower sugar content
- Non-GMO Project Verified



HEALTH-ADE  
BUBBLY PROBIOTIC  
KOMBUCHA  
16 oz.



**\$2<sup>99</sup>**

## REFRIGERATED & FROZEN DEALS

HOPE FOODS  
ORGANIC HUMMUS  
8 oz.



**\$3<sup>29</sup>**

CHOBANI  
LOW SUGAR  
GREEK YOGURT  
5.3 oz., Select Varieties



**\$1<sup>29</sup>**

MIYOKO'S  
ARTISAN  
VEGAN CHEESE  
6.5 oz., Select Varieties



**\$4<sup>59</sup>**

PICNIK  
GRASS-FED BUTTER  
COFFEE CREAMER  
25.36 oz.



**\$4<sup>69</sup>**

TETON WATERS RANCH  
GRASS-FED BURGER  
BLENDS  
4 ct.



**\$6<sup>99</sup>**

## Say "YEAH" FOR DAIRY FREE

PROTEIN ALMOND  
& CASHEW MILK  
64 oz., Select Varieties



**\$3<sup>99</sup>**

DAIRY-FREE  
OAT MILK  
64 oz., Select Varieties



- Free from artificial colors & flavors and carrageenan
- Dairy free and vegan • Non-GMO Project verified

## moove Over Dairy! 100% plant based

GLUTEN-FREE  
NON-DAIRY DESSERT  
1 pint



**\$4<sup>99</sup>**

- Fair trade certified and Non-GMO Project Verified
- Smooth, creamy and delicious
- Made with USDA Certified Organic Coconut Milk



BRAZI BITES  
GLUTEN-FREE  
CHEESE BREAD  
18 ct.



**\$4<sup>69</sup>**

FIELD ROAST  
VEGAN BURGERS  
4 ct.



**\$6<sup>29</sup>**

GARDEIN  
MEAT-FREE  
CHICKEN TENDERS  
9 oz.



**\$4<sup>49</sup>**

MARIA & RICARDO'S  
GRAIN-FREE  
TORTILLAS  
6 ct., Select Varieties



**\$4<sup>79</sup>**

WOODSTOCK  
ORGANIC  
FROZEN FRUITS  
10 oz., Select Varieties



**\$4<sup>59</sup>**

STAY HOME ♥ STAY SAFE  
SHOP WITH US ONLINE!  
VISIT GREENACRES.COM



Be Mindful | SOCIAL DISTANCE



6 feet

#WeAreInThisTogether



# THICK CUT off the BLOCK

THICK CUT  
SHREDDED CHEDDAR  
6 oz., Select Varieties



THICK CUT  
SHREDDED CHEESE  
6 oz., Select Varieties



**\$4<sup>29</sup>**

- Absolutely NO antibiotics, synthetic hormones or toxic pesticides
- USDA Certified Organic Milk from pasture-raised cows
- Non-GMO Project verified

## AUSSIE LOOK AUSSIE TASTE -FIND YOURS-

ORGANIC GREEK YOGURT  
32 oz.



**\$5<sup>99</sup>**

NO SUGAR ADDED  
GREEK YOGURT  
5.3 oz.



**2 FOR  
\$3**

- Rich & creamy texture
- USDA Certified Organic
- Made with whole milk from family farms



AURA CACIA  
SELECT  
PRODUCTS



**30%** OFF MSRP



MINERAL FUSION  
ENTIRE  
LINE



**25%** OFF MSRP

DERMA E  
SELECT  
PRODUCTS



**30%** OFF MSRP

HOME HEALTH  
SELECT EVERCLÉN  
PRODUCTS



**30%** OFF MSRP

GREEN GOO  
ENTIRE  
LINE



**15%** OFF MSRP

NOURISH BOTANICAL BEAUTY  
SELECT  
PRODUCTS



**30%** OFF MSRP

PACIFICA  
ENTIRE  
LINE



**25%** OFF MSRP

QUANTUM  
ENTIRE  
LINE



**30%** OFF MSRP

Essential Oil  
**DUO PACK**  
of the month

BEST-SMELLING  
MOSQUITO REPELLENT

**DUO \$17<sup>49</sup>**  
REG. \$25<sup>98</sup>

*Mosquito Repellent*

- 20 drops Now geranium oil
- 10 drops Now eucalyptus oil
- 8 oz. filtered water

*Shake well before each use.  
Great to use on shoes and  
your arms and legs to repel  
pesky bugs.*

SPECIAL DUO PRICE GOOD ALL MONTH  
\*WHILE SUPPLIES LAST

Health AND Beauty

NOW AVAILABLE  
**ONLINE!**

Shop [GreenAcres.com](http://GreenAcres.com)



# SUPPLEMENTS

## AMERICAN HEALTH SELECT PRODUCTS



**35% OFF MSRP**

## BARLEAN'S SELECT PRODUCTS

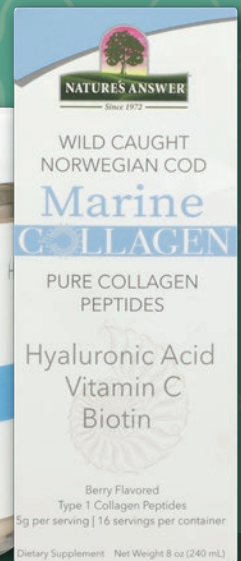


**20% OFF MSRP**

## THE POWER LIES *in Nature's Answer*

Select Collagen

**30% OFF MSRP**



- Pure collagen peptides and Hyaluronic Acid, Vitamin C & Biotin
- Sourced from certified sustainably wild caught Norwegian Cod
- Multiple flavors in liquid & powder form

## SUPPORT YOUR HEART, BRAIN AND JOINTS

Select Products

**35% OFF MSRP**



- Dr. Formulated with uncompromising standards
- Non Gmo Verified & certified organic
- Quality source of Essential Fatty Acids to support your Heart, Vision, Brain & Joints



## COUNTRY LIFE SELECT PRODUCTS



**30% OFF MSRP**

## BLUEBONNET SELECT PRODUCTS



**20% OFF MSRP**

## ENZYMEDICA SELECT PRODUCTS



**25% OFF MSRP**

## HERB PHARM SELECT PRODUCTS



**20% OFF MSRP**

powered by  
mercato

# STOCK UP - on your favorite - SUPPLEMENTS

SHOP AT GREENACRES.COM

## HOST DEFENSE ENTIRE LINE



**25% OFF**  
MSRP

## IRWIN NATURALS SELECT PRODUCTS



**30% OFF**  
MSRP

## JARROW SELECT WOMEN'S HEALTH PRODUCTS



**25% OFF**  
MSRP

## KYOLIC SELECT PRODUCTS



**25% OFF**  
MSRP

## LIFE-FLO ENTIRE LINE



**30% OFF**  
MSRP

## NATURADE SELECT PRODUCTS



**25% OFF**  
MSRP

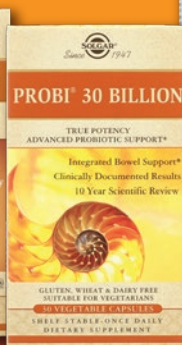
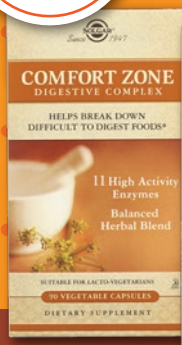
## Support Your Digestive System



Since 1947

Select Products

**30% OFF**  
MSRP



• Multiple flavors in liquid & powder form

• Pure collagen peptides and Hyaluronic Acid, Vitamin C & Biotin

• Sourced from certified sustainably wild caught Norwegian Cod

## Stay Calm Stay Healthy

Select Products

**35% OFF**  
MSRP



natural  
Factors



NATURE'S ANSWER  
**SELECT  
PERSONAL CARE**



**30% OFF MSRP**

TERA'S WHEY  
**ENTIRE  
LINE**



**30% OFF MSRP**

NORDIC NATURALS  
**SELECT  
PRODUCTS**



**25% OFF MSRP**

ULTIMA REPLINISHER  
**ENTIRE  
LINE**



**30% OFF MSRP**

Select Products

**30% OFF MSRP**

**GET THE GLOW**

**NEOCELL**  
the true science of collagen

**\$20.99**

**\$9.79**

**BOOST your IMMUNITY**

**now**

C-1000 | 250 & 100 CT.

# Safe Springtime Fun in the Sun

As we all crave time outdoors for fresh air, springtime sun & exercise, we still have to be mindful of protecting our skin! We always emphasize the importance of checking ingredients to find the most natural options that are still effective so you can keep from clogging pores & adding harsh chemicals on your skin. We also know now that the FDA has declared mineral sunscreen ingredients as safe – specifically zinc oxide & titanium dioxide. Here are a few of our favorite choices for all over protection, face protection & sunfree options!



- Badger Clear Zinc Sunscreen for Adults & Kids**
- Strong SPF protection that goes on white & rubs clear
  - Safe, Natural & effective
  - Comes in multiple options: sport, active, kids, sunscreen sticks
  - Non GMO, reef safe & water resistant up to 80 min.



- Intelligent Elixirs Tinted Cream**
- Broad Spectrum SPF provides non-greasy sheer coverage
  - Can be worn along or in place of foundation
  - Color options for multiple skin tones
  - Can be worn along with or in place of foundation



- Mineral Fusion Self Tanner**
- Glow 365 days a year
  - Bronze mineral pigments that give you same-day sunkissed results
  - Elasticity boosting peptides to help tighten skin
  - Shea butter, aloe & grapeseed oil to hydrate skin



- Mychelle Sun Shield Clear Spray**
- 100% mineral sunscreen
  - Continuous spray that goes on quickly & evenly
  - Up to 80 minutes of water-resistant protection
  - Reef safe



# MAY BONUS BUYS

**BONUS BUYS** are items that we have negotiated with vendors to offer at a 35% discount or more!

## EMERALD HEALTH MEN'S & WOMEN'S MULTIVITAMIN 30 ct.



**\$11<sup>99</sup>**

## NATURAL FACTORS RXOMEGA-3 120 ct.



**\$14<sup>99</sup>**

## WISHGARDEN STRESS & SLEEP FORMULAS Select Varieties



**35% OFF  
MSRP**

## ULTIMA REPLINISHER ELECTROLYTE POWDER 20 ct.



**\$12<sup>99</sup>**

## NEOCELL BEAUTY BURTS 60 ct.



**\$13<sup>79</sup>**

## HYALOGIC HA SERUM OR SYNTHOVIAL SEVEN 1 oz.



**35% OFF  
MSRP**



## YERBA PRIMA MORINGA POWDER 10 OZ.

**\$9<sup>49</sup>**  
(Reg. \$18.99)

## FAST-GROWING SHRUB SUPERFOOD BONANZA!

**Moringa** is a fast-growing leafy tree that thrives in hot, arid climates. Moringa has become recognized as a powerful tool for improving nutrition around the world due to its nutrient density and resistance to drought.

**Moringa is a fast and easy way to increase vegetable nutrition in your diet.** A single serving of moringa leaf powder has the nutritional equivalent of two servings of kale greens. A side-by-side comparison shows that moringa has 2 times as much protein, 4 times as much calcium, and 6 times as much iron as kale. Unlike Kale, moringa also contains polyphenols and isothiocyanates, which have been studied extensively for their role in helping people protect against heart disease and cancer.

**Moringa can boost iron levels in the body!** Anemia is a condition when the blood doesn't have enough healthy red blood cells or hemoglobin to transport oxygen to the body's cell. Anemia can result in fatigues, lightheadedness, and shortness of breath. The condition currently affects 3.5 million Americans. Recent studies suggest that moringa leaves may be better at improving iron sufficiency than conventional iron supplements. One tablespoon of moringa leaf powder provides an excellent source of iron. Moringa also has 7 times the amount of iron as spinach.

Nutrition in Moringa provides your body with protection from free radicals. Antioxidants fight against oxygen-free radicals, which can contribute to cholesterol build-up and inflammation. Moringa is packed with antioxidants and fiber. Studies suggest that moringa may help reduce the number of free radicals, improve the function of the heart, and prevent cell damage along blood vessel walls. Fiber can contribute to heart health by improving bowel movement, lowering cholesterol, and reducing the risk of stroke and diabetes. **A single serving of moringa gives you 12% of your daily fiber needs.**

**Digestive support can begin with Moringa.** Moringa contains nutrients, fiber, and phytochemicals that have been shown to promote gut health by stimulating the growth of beneficial bacteria and suppressing that of pathogenic bacteria. These compounds have anti-inflammatory properties that can reduce inflammation of the gut wall, thus improving the wall's ability to inhibit the passage of toxins into the bloodstream. These compounds have also been associated with improved management of inflammatory bowel syndrome and a decreased risk of colon cancer and infections.

**How to use Moringa:** Powdered Moringa can be added to smoothies, teas, soups or other foods to boost the plant-based nutrients in your healthy diet. It can be hidden in hot or cold foods to boost the vegetable content of whatever you eat!

Catch our fantastic value on Moringa powder on sale all month at GreenAcres Markets!



# Don't Forget To Keep SUPPORTING YOUR IMMUNE SYSTEM

## VITAMIN C

ENHANCES A WEAKENED IMMUNE SYSTEM ESPECIALLY IN ELDERLY.  
SHORTENS DURATION OF PNEUMONIA, FLU AND COMMON COLD  
**1,000 MG. 2X DAILY**

## VITAMIN D

ANTI-INFLAMMATORY IMMUNE SUPPORT  
**5,000-10,000 IU DAILY**

## VITAMIN A

IMPROVES IMMUNITY AND EYE HEALTH  
**25,000 MG. 1X DAILY**

## SELENIUM

ANTIOXIDANT SUPPORTS LIVER FUNCTION  
**1 CAPSULE (200 MCG) DAILY**

## ZINC

IMMUNE SUPPORT THAT SHORTENS DURATION & EASES SYMPTOMS  
**30 – 50 MG. DAILY**

## ELDEBERRY CONCENTRATE

ANTIOXIDANT ACTIVITY THAT SLOWS VIRUS REPRODUCTION  
**1 TBSP. DAILY**



**MATT M.**  
WICHITA | SUPPLEMENT EXPERT



**ROBAB T.**  
OKC | SUPPLEMENT EXPERT

GreenAcres Market was founded upon the principle of helping people live a healthy life. A diet focused upon fresh fruits and colorful vegetables is the foundation for good nutrition.

In challenging times, you can add additional support with supplements that will strengthen your immunity.

Check out our selection of immune boosting supplements at your local GreenAcres Market.

## FIND YOUR LOCAL STORES

### KANSAS CITY

- The Village at Briarcliff

### WICHITA

- Bradley Fair
- West – 21st & Maize
- Normandie • Clear Lakes

### OKLAHOMA

- Walnut Square Shopping Center
- Lawton



**GREENACRES  
MARKET**

*Your healthy food experts*

8141 E. 21st St. Wichita, KS 67206

Prices valid 5/01/2020 through 5/31/2020 at participating locations, while supplies last. All prices plus tax where applicable.  
Regular prices may vary from store to store. **Not all items are available at all stores.**

• • • **Bradley Fair Wichita** • • •

# FARMERS MARKET

## Come join the fun!

**Local Vendors • Live Music • Special Events**  
**Local Wiens Wagyu Burgers Prepared In The Deli**

**STARTING MAY 5<sup>TH</sup> | TUESDAYS 3-6pm**

Visit Our Facebook for Weekly Details

