

#### GREENACRES' COMMITMENT

#### to Safety, Convenience & Local Partnerships:

Together with a strong network of local suppliers, GreenAcres' response to Coronavirus concerns is easing fears and supporting healthy living. We continue to take all available precautions to prevent the spread of germs and keep our team members & customers safe at all GreenAcres locations.

- 1. Social distancing is observed by GreenAcres staff & requested of all customers
- 2. GreenAcres team members are committed to safe & sterile shopping, including their use of masks & gloves and sanitizing surfaces frequently.
- 3. Sanitizer is available upon arrival for customers to use on hands & wipe down carts.





#### LOCAL PARTNERSHIPS

When additional safety procedures were increasing, GreenAcres quickly reached out to local partners to find solutions. We partnered with a nearby seamstress to produce face masks, a plastics manufacturer to custom make & install plexiglass shields at each register & when hand sanitizer started running low, Rieger, a Kansas City distillery, stepped up to supply GreenAcres needs.







#### STAYING INFORMED IS CRUCIAL

One thing is certain, building your immune system has never been more important. We offer many products for immune protection against viruses, bacteria & fungus. Visit us safely in our stores, read our newsletters & follow us on social media for our ongoing suggestions for building a solid health foundation & ways to deal with stress.



We are here for you!

It is a journey toward healthy living during difficult times & we are all in this together. We know brighter days are ahead & we are grateful to help you in anyway we can along this journey back. We are locally owned & family operated, and we appreciate each member of our GreenAcres team & all we have been able to accomplish to still take care of your grocery & supplement needs & create a safe shopping environment. Thank you to all of you for supporting us during this time!

Sincerely,

Barb Hoffmann - Founder/CEO GreenAcres Markets

#### **OUR MISSION**

GreenAcres Market & Deli is your community Natural Foods Market committed to providing:

Quality Education | Dedicated Customer Service | Fresh, Natural & Organic Products | A Unique Shopping Experience

In order to improve the health of our community one person at a time.



**ORGANIC SAVINGS ON NO. 1 GRADE PRODUCE!** 

# LOWER PRICES BI-WEEKLY FLIER

IN STORES AND ON SOCIAL MEDIA!



# IMPORTANT HERBS to Add Essential Nutrients





One cup of sorrel, a perennial herb, contains 15 percent of your daily need for potassium, a mineral essential for heart health and blood pressure.



In ancient cultures, people associated thyme with bravery and courage and believed in its ability to reduce the spread of disease. Today, research highlights the herb's potent antibacterial qualities.

#### Chives

Chives contain the heart-helper compound allicin, which reduces "bad" LDL cholesterol (among other benefits).

#### Basil

Compounds in basil, a peppermint relative, offer anti-inflammatory benefits by inhibiting the same enzyme that aspirin and ibuprofen target.

### Parsley

Parsley's nutritional profile is similar to other leafy greens, with ample amounts of vitamin A, vitamin C and folate. It especially protects against kidney stones.

## Dil

3

Ancient cultures believed dill, a member of the celery and parsley family, to be a symbol of good luck and wealth. Current research promotes dill seed for anticancer properties.

#### CARRINGTON FARMS **ORGANIC GHEE** 12 oz.



COOMBS FAMILY FARMS

**ORGANIC** 

**MAPLE SYRUP** 

# GROCERY SHOPPING MADE HEALTHY

**ESSENCE** 

10 PH

**HYDRATION WATER** 

1 Gallon

FROM THE GROUND UP **CAULIFLOWER CRACKERS** 

4 oz. Select Varieties



2/\$6

LATE JULY **CLASICO TORTILLA CHIPS** 



5.5 oz.



2/\$5

KRAVE

GOURMET JERKY 2.7 oz.



169

**MADHAVA** 

**ORGANIC OLIVE OIL** 

1 Liter



MOM'S BEST CEREAL

**ALL-NATURAL GLUTEN-FREE CEREAL** 

16-24 oz., Select Varieties



**ESSENTIA** 

**HYDRATING 9.5 PH ELECTROLYTE WATER** 

1.5 Liter



NOW ALMOND FLOUR





**ETERNAL** NATURAL ALKALINE **SPRING WATER** 

R.W. KNUDSEN **ORGANIC JUICES** 32 oz., Select Varieties



PAQUI **ALL-NATURAL TORTILLA CHIPS** 



Q DRINKS **CARBONATED DRINK MIXERS** 



RIP VAN WAFELS

**LOW SUGAR MINI** WAFEL POUCHES





THEM: APPROX. 2-3 DAYS



US: WITHIN 24 HOURS!



**GREENACRES MARKET** 

GET YOUR **GROCERIES =FASTER** 

SHOP **GREENACRES.COM** 

# hemp toods

#### BENEFITS of HEMP

- A complete protein source
- Good source of Health fats including Omega-3
- High in fiber which supports healthy digestion



#### **NATURAL SHELLED HEMP HEARTS**



#### **PROTEIN & FIBER HEMP POWDER**











32 oz.



\$8<sup>79</sup>

#### NON-DAIRY CHEEZE SHREDS



\$379

# ORGANIC COTTAGE CHEESE

16 oz.



\$469

# MCT OIL COFFEE CREAMERS

16 oz.



**\$4**<sup>39</sup>





•Organic Milk from pasture raised cows •No added hormones •No antibiotics or pesticides •Non-GMO Project Verified



## ORGANIC PROBIOTIC KOMBUCHA

14 07



2/\$5

## AMERICAN FLATBREAD FOLDED FLATBREAD FRUSTAS

7.2-8 oz., Select Varieties



**\$2**<sup>79</sup>

#### HILARY'S EAT WELL

#### ALLERGEN-FREE VEGGIE BURGER

2 ct.



\$2<sup>69</sup>

#### LIGHTLIFE

#### PLANT BASED GROUNDS

12 oz.



\$6<sup>69</sup>

# MEN, IT'S TIME TO PAY ATTENTION TO YOUR HEALTH

Father's Day is an important time to let the special men in your life know they are appreciated & cared for. Whether they are an actual father, father to fur babies or a fatherly figure to those around them, what better way to show your support than by helping them stay healthy & maximizing performance in everything they do. Or men, treat yourself to feeling better on a daily basis & making self care a priority!

#### TOP SUGGESTIONS FOR MEN TO TAKE FROM OUR GREENACRES TEAM:





#### Source Naturals L-Arginine L-Citrulline Complex

- Helps improve peak performance in all activities!
- Focuses on boosting circulation.



#### Bluebonnet Nutrition MPX 1000 Prostate Support

- Reduces BPH that is responsible for extra nighttime trips to the bathroom
- -Helps support overall prostate health

#### Life Seasons Masculini-T

- All-natural support for helping boost testosterone production
- Helps support normal erectile function



#### **Solaray Korean Ginseng**

- Anti-stress, adaptogen herb creates better energy in the day and restful sleep at night
- Known also for its ability to help regulate mood, strengthen the immune system, and improve cognition.



#### Garden of Life Once Daily Men's Probiotic

- Supports improved digestion, helps manage gas and bloating
- Helps support immune health

Come visit us at GreenAcres & ask one of our team members to help find the best combination & get started feeling & performing better today! You can also find these supplements at our online store. just visit greenacres.com & select the store nearest you for curbside pickup & delivery.



# HEALTH & BEAUTY



BADGER

#### SUNCARE PRODUCTS



20% OFF MSRP

EVERY MAN JACK
ENTIRE LINE



30% OFF MSRP

NATURTINT ENTIRE LINE



30% OFF MSRP

NOURISH SELECT PRODUCTS



30% OFF MSRP



#### TESTOSTERONE BOOSTING AROMAS

You might expect most men to prefer earthy scents or woodsie aromas to the sweeter, fruitier smells. For skin care products, perhaps. But surprisingly, the following short list of essential oil scents have been shown to be natural testosterone boosters:

**CLARY SAGE** 

ROSE

**LAVENDER** 

SANDALWOOD

GERANIUM

**FRANKINSCENSE** 

The key is to keep it simple & not overwhelm.
Use these scents to make room sprays, body scrubs, put a few drops on your wrists, or use in your favorite difusser.
Experiment & mix with other scents & find the combination that works for you. Mixed, or alone, these oils still carry their boosting power.



# Relaxing Shower Soap



DUO \$13<sup>39</sup> REG. \$19<sup>98</sup>

#### Ingredients:

- -8-oz. plastic squeeze bottle
- •1/2 cup unscented Castile soap
- -4 tbs vegetable glycerin
- -3 tbs of liquid Coconut Oil
- •5 drops Now Marjoram essential oil
- •5 drops Now Cedarwood essential oil

Combine all ingredients into plastic bottle. Shake well to combine.

SPECIAL DUO PRICE GOOD ALL MONTH
\*WHILE SUPPLIES LAST

# SUPPLEMENTS

SELECT PRODUCTS



25% OFF MSRP

AMERICAN HEALTH
SELECT
PRODUCTS



35% OFF MSRP



- #1 absorbed form of curcumin
- Focus on seed to harvest quality control of ingredients
  - Vegetarian & Certified Non GMO

SELECT PRODUCTS



25% OFF MSRP

SELECT PRODUCTS



30% OFF MSRP

KOS NATURALS
ENTIRE
LINE



25% OFF MSPP

KYOLIC SELECT PRODUCTS



25% OFF MSRP





OM **SELECT PRODUCTS** 



**MEDTERRA ENTIRE** LINE



20% OFF MSRP

**NUTIVA ORGANIC MCT POWDER** 10.6 oz.



ZHOU **SCREEN EYES GUMMIES** 



SOURCE NATURALS **ENTIRE** LINE



30% OFF MSRP

**RAINBOW LIGHT SELECT PRODUCTS** 



30% OFF MSRP

VITAL PLANET

**ENTIRE** LINE



25% OFF MSRP

More, Better, Faster.



- **BRAIN, HEART & JOINTS**  Dr. Formulated with uncompromising standards
  - Non Gmo Verified & certified organic
  - Quality source of Essential Fatty Acids to support your Heart, Vision, Brain & Joints



# JUNE BONUS BUYS

negotiated with vendors to offer at a 35% discount or more!

COUNTRY LIFE COENZYME B-COMPLEX



\$20<sup>99</sup>

NATURE'S WAY

MCT OIL



\$13<sup>99</sup>

LIFE-FLO MAGNESIUM LOTION



\$699

NATURAL VITALITY

STRAWBERRY MANGO

CALM

8 oz.



**\$14**<sup>99</sup>

NATURAL FACTORS
MEN'S WHOLE EARTH
SEA MULTIVITAMIN



\$27<sup>99</sup>

SOLARAY
ADVANCED
LUTEIN EYES



\$35<sup>99</sup>

NATURAL FACTORS

OSTEOMOVE JOINT CARE



\$1599 (Reg. \$24.95)

No Excuses! GET MOVING...

Now more than ever, we realize the benefits of exercise as a key part of a healthy lifestyle. Most people recognize the benefits, but pain and inflammation stop people from getting even the minimum of exercise required for cardiovascular and respiratory health, not to mention emotional health.

Natural Factors Osteomove Joint Care offers a comprehensive formula for healthy joints. With an outstanding nutrient profile that includes key joint-building ingredients – MSM, Glucosamine Sulfate, Chondroitin Sulfate, Collagen Type II, along with extracts of Boswellia, Hyaluronic Acid and Turmeric that support connective tissues, ligaments, tendons and cartilage.

Osteomove Joint Care provides:

- Synergistic formula of clinically proven ingredients
- Assistance to formation of cartilage
- Plant based support for healthy joints with the added herbal ingredients
- Quick and easy 2 tablets per day dosage

This synergistic formula contains key ingredients in proven amounts to support joint function and reduce pain and inflammation. Purchased separately the nutrients would cost two to three times more if purchased as single supplements.

The key ingredients help with joint lubrication and hydration. Plus, the phytonutrients in Osteomove bond with collagen to improve elasticity and flexibility. Are you ready for better joint health? Are you ready to get moving?

Satisfaction is Guaranteed with Osteomove. Try it for two weeks and see what a difference it will make!



Prices valid 6/01/2020 through 6/30/2020 at participating locations, while supplies last. All prices plus tax where applicable.

Regular prices may vary from store to store. **Not all items are available at all stores. Bradley Fair Wichita** 

Come join the fun! | TUESDAYS 3-6pm

· LOCAL VENDORS · · SAFE DISTANCE SHOPPING ·

We are taking extra precautions in this time of social distancing.

Visit Our Facebook for Weekly Details

#### FIND YOUR LOCAL STORES

KANSAS CITY

-The Village at Briarcliff-4175 N. Mulberry Drive Kansas City, MO 64116

WICHITA

-Bradley Fair-8141 E. 21st St.

-West - 21st & Maize-

10555 W. 21st St.

-Normandie-

-Clear Lakes-

OKLAHOMA

-Walnut Square Shopping Center-

7301 S. Pennsylvania Ave. Suite D Oklahoma City, OK 73159

-Lawton-

14 N.W. Sheridan Road Lawton, OK 73505

