



**GREENACRES
MARKET**

SEPTEMBER SALES 2020

**BOOST YOUR
IMMUNE SYSTEM
NOW!**

Why We Use
Supplements
page 2

Safeguard with
Colloidal Silver
page 10

One Stop Shop
with Oil of Oregano
page 15



GREENACRES.COM

Why We Use SUPPLEMENTS

Navigating the supplement department in GreenAcres can be a daunting task; and that is why we have knowledgeable employees to help you with your product selections. Understanding some terminology can be a benefit that will clarify why you might use certain supplements. Let us look at one idea that can help you understand the purpose of supplement use.

For example: Women are concerned about bone density and bone strength. But how do we make sense of calcium supplementation?

STRUCTURE: Our diet provides us with building blocks for a healthy body. That is why we try to focus on a good balance of protein, vegetables, and healthy fats. Supplements can also provide building blocks to support the body structure – bones, skin, joints, organs, etc. For instance, calcium supplements can provide the building blocks to make strong bones. We can help you pick the right source of calcium. Many do not realize that calcium comes from limestone, purified bones, or a vegetable form from algae. The quality of the ingredients will determine how well your body can utilize the calcium.

FUNCTION: Body processes are regulated within by micronutrients that act as catalysts or sparks that trigger chemical processes. These chemical impulses are what keep our hearts beating, keep our mind and nervous system operating and support our digestion and elimination. It is hard to imagine, but one missing micronutrient can short circuit body processes and decrease function.

CONDITION SPECIFIC: With the understanding of structure and function, supplement manufacturers have created formulas that can assist in many body processes. Bone formulas will contain high quality calcium with the addition of the micronutrients that put the calcium to work to build better bones. Much research has gone into formulas to take the guesswork out of how to combine nutrients to get the best results.

This is how you tie together: Structure – Function – Condition to find the right supplement for your needs.

Check out Bone Densi-T from **Life Seasons** for a calcium formulation. It starts a high-quality form of calcium and then adds in specific co-factors to build strong bones. They have done the work for you! Check out the entire Life Season's brand offerings. From blood pressure to joint health, they have you covered from head to toe.

STRUCTURE



FUNCTION



OUR MISSION

GreenAcres Market & Deli is your community Natural Foods Market committed to providing:
Quality Education | Dedicated Customer Service | Fresh, Natural & Organic Products | A Unique Shopping Experience
In order to improve the health of our community one person at a time.



ORGANIC PRODUCE SPECIALS

ORGANIC SAVINGS ON NO. 1 GRADE PRODUCE!

LOOK FOR THE **NEW**
LOWER PRICES
BI-WEEKLY FLIER

 **IN STORES AND ON SOCIAL MEDIA!**

SHOP YOUR FAVORITE ITEMS

Online!

CURBSIDE
PICKUP
AND
DELIVERY



GreenAcres.com 

BEANITOS
**BAKED GLUTEN-FREE
BEAN CHIPS**
4.5 oz., Select Varieties



2/\$5

GROCERY SHOPPING MADE HEALTHY

BRAD'S PLANT BASED
**ORGANIC
CRUNCHY KALE**
2 oz.



\$3⁹⁹

BLUE DIAMOND
**GLUTEN-FREE
NUT THINS**
4.25 oz.



2/\$6

BOULDER CANYON
**ALL-NATURAL
KETTLE CHIPS**
5 oz.



2/\$5

BOULDER CANYON
**ALL-NATURAL
BEEF JERKY**
2.5 oz.



\$5⁹⁹

BRAGG
**ORGANIC
APPLE CIDER VINEGAR**
32 oz.



\$4⁹⁹

SIMPLY DELICIOUS *Simply Good!*

**ALL-NATURAL
COOKIES**

8-10.7 oz., Select Varieties



\$3⁹⁹

**PLANT BASED
GRANOLA**

11-12.5 oz., Select Varieties



\$3⁹⁹

**ALL-NATURAL
CRACKERS**

4-8.5 oz., Select Varieties



\$2⁹⁹

- Simply Delicious since 1960 • Non-GMO Project Verified
- Only the highest quality ingredients
- No high fructose corn syrup or artificial ingredients

CABOO
**BAMBOO & SUGARCANE
PAPER PRODUCTS**
90 sheets



\$1⁵⁹

CHEF'S CUT
**ZERO SUGAR
DRIED BEEF**
1.7 oz.



\$4⁹⁹

88 ACRES
**GLUTEN-FREE
SEED BARS**



4/\$5

CROWN PRINCE
**ALL-NATURAL POLE
CAUGHT TUNA**
5 oz., Select Varieties



\$4³⁹

FIZZIQUÉ
SPARKLING PROTEIN
WATER
12 oz.



2/\$4

NATURE'S PATH
ORGANIC ECO PACK
CEREALS
26.4-26.5 oz., Select Varieties



\$5⁶⁹

WELCOME TO THE
Maple Stream

\$19⁹⁹

**ORGANIC
MAPLE SYRUP**
32 oz. 12 oz.



\$9⁹⁹



• Thick, Rich & Delicious • Sustainably Farmed
• USDA Certified Organic • Non-GMO Project Verified

HIPPEAS
ORGANIC
CHICKPEA PUFFS
4 oz.



\$2⁷⁹

JUSTIN'S
ORGANIC
PEANUT BUTTER CUPS
2 ct., Select Varieties



2/\$3

KIND
NUTRITION BARS
Select Varieties



4/\$5

LATE JULY
ORGANIC
POTATO CHIPS
5 oz.



2/\$6

LATE JULY
ORGANIC RESTAURANT
TORTILLA CHIPS
11 oz.



2/\$6

MATCHBAR
MATCHA TEA
DRINK
10 oz.



\$2³⁹

MOM'S BEST CEREAL
ALL-NATURAL
GLUTEN-FREE CEREAL
16-24 oz., Select Varieties



\$2⁷⁹

HIGH BREW COFFEE
COLD BREW COFFEE
8 oz.



2/\$4

NORDI
SUSTAINABLY
SOURCED CHOCOLATE



\$3¹⁹

OWYN
PLANT BASED
PROTEIN DRINK
4 ct.



\$10⁹⁹

VITAMINS

YOU'LL ENJOY DRINKING

LIFE AID
Beverage Co.

**CLEAN NUTRITIONAL BLEND
BEVERAGE**

12 oz.



- Vitamins you'll enjoy drinking • Zero sugar nutritional drink
- No artificial flavors or sweeteners

PUKKA
ORGANIC TEA
20 ct.



\$4⁴⁹

PUR
XYLITOL GUM
55 ct.



\$3²⁹

RIP VAN WAFELS
**LOW SUGAR
MINI WAFEL POUCHES**
3.5 oz.



\$2⁹⁹

R.W. KNUDSEN
ORGANIC JUST JUICE
32 oz., Select Varieties



\$6⁷⁹

RXBAR
**WHOLE FOOD
PROTEIN BAR**
Select Varieties



\$1⁶⁹

SIMPLY ORGANIC
**ORGANIC
SIMMER SAUCES**
8 oz., Select Varieties



2/\$5

UNDERCOVER
**CRISPY QUINOA
WITH CHOCOLATE**
2 oz.



\$2⁹⁹

STEVE'S PALEOGOODS
**GRAINLESS
GRANOLA BARS**



\$1⁸⁹

Trust in something
GOOD

**ALLERGY FRIENDLY
CRISPY SQUARES**
6 ct.

**ALLERGY FRIENDLY
GRANOLA MINIS**
4 ct.



- USDA Certified Organic • Get your nutrients from veggies
- Convenient individual pouches • Free from nuts & safe for schools

TAZA CHOCOLATE
**ORGANIC
CHOCOLATE BARS**



2/\$6

TEECCINO
**CAFFEINE FREE
HERBAL COFFEE**
11 oz., Select Varieties



\$8⁹⁹

THE GOOD CRISP
**GLUTEN FREE
POTATO CRISPS**
5.6 oz.



2/\$5

TOLERANT
**ORGANIC PLANT
BASED PASTA**
8 oz.



\$3²⁹

TONY'S CHOCOLONELY
**FAIR TRADE
CHOCOLATE BARS**
6.35 oz.



\$3⁹⁹

STEEP BY BIGELOW
**ORGANIC PREMIUM
TEAS**
20 ct., Select Varieties



\$2⁹⁹

PRIMAL. PALEO.
» PERFECT «

AVOCADO OIL
PASTA SAUCES
23.5-24 oz.

NON-DAIRY
ALFREDO SAUCES
15.5 or 16 oz.



\$6⁸⁹

\$6⁸⁹

- Paleo Friendly • No Artificial Ingredients, No Added Sugar
- No Soy or Canola Oil • Non-GMO Project Verified

UNREAL
**FAIR TRADE
CHOCOLATES**
3.2-5 oz., Select Varieties



\$4⁵⁹

WATERLOO
**ALL-NATURAL
SPARKLING WATER**
12 ct., Select Varieties



\$3⁹⁹

COUNTRY ARCHER
**ALL-NATURAL
JERKYS**
2.5 oz.



\$5³⁹



EVOLVE

**JUICERY
& KITCHEN**

DELICIOUS PREMADE MEALS

TO SAVE YOU TIME

SNACKS

GRAB
& GO

JUICE

Available in Kansas City,
Bradley Fair Wichita, West Wichita
and **now introducing** Oklahoma City!

ALMOND BREEZE
NON-DAIRY
ALMOND MILK
64 oz., Select Varieties



\$2⁹⁹

CHOBANI
NON-FAT
GREEK YOGURT
5.3 oz., Select Varieties



\$1¹⁹

DAIYA
NON-DAIRY CHEDDAR
STYLE SHREDS
7.1 oz.



\$3⁹⁹

EVOLUTION FRESH
COLD-PRESSED JUICE
15.2 oz., Select Varieties



\$3⁹⁹

CHAMELEON
ORGANIC COLD BREW
COFFEE
32 oz.



\$8⁵⁹

FARMER'S HEN HOUSE
ORGANIC
FREE RANGE EGGS
12 ct., Select Varieties



\$3⁹⁹

THE OFFICIAL CHEESE OF OMGS™

ORGANIC VEGAN CHEESE WHEELS

6.5 oz., Select Varieties



\$7⁴⁹

\$7⁴⁹

• Dairy-free • Made from cashews • USDA Certified Organic

FARMHOUSE CULTURE
ORGANIC
PROBIOTIC KRAUT
16 oz., Select Varieties



\$5⁶⁹

GOOD CULTURE
ORGANIC
COTTAGE CHEESE
16 oz., Select Varieties



\$4⁵⁹

FORAGER PROJECT
CASHEW MILK
YOGURT ALTERNATIVE
5.3 oz.



4/\$5

KALONA SUPER NATURAL
ORGANIC
GRASS-FED KEFIRS
32 oz.



\$4⁴⁹

GT'S
**ORGANIC
KOMBUCHA**
16 oz.



\$2⁶⁹

KITU
**KETO PROTEIN
& MCT CREAMER**
25.4 oz.



\$4⁹⁹

NOW ONLINE!



**CURBSIDE
PICKUP
AND
DELIVERY**

FREE DELIVERY FOR 14 DAYS! [MORE INFO AT
GREENACRES.COM](https://www.greenacres.com)

KOIA
**PLANT BASED
DRINKS**
10 & 12 oz.



\$3³⁹

LIFEWAY
**ORGANIC
WHOLE MILK KEFIRS**
32 oz., Select Varieties



\$4⁵⁹

NOOSA
**YOGHURT & REAL FRUIT
SMOOTHIES**
7 oz.



2/\$3

ORGANIC VALLEY
**ORGANIC
DELI SLICED MEAT**
6 oz., Select Varieties



\$5⁴⁹

VIVE ORGANIC
**IMMUNITY &
WELLNESS SHOTS**
2 oz.



\$2⁷⁹

HILARY'S EAT WELL
**ALLERGEN-FREE
VEGGIE BURGER**
2 ct.



\$2⁷⁹

STOK
**MCT OIL COFFEE
CREAMERS**
16 oz.



\$4³⁹

TETON WATERS RANCH
**GRASS-FED BEEF
BRATWURST**
4 ct.



\$5⁴⁹

RUSTIC CRUST
**CAULIFLOWER PIZZA
CRUSTS**
9 oz.



\$3⁵⁹

KATZ GLUTE-FREE
**GLUTEN-FREE
DONUTS**
10.5-14 oz., Select Varieties



\$4⁶⁹

KINNIKINNICK
GLUTEN-FREE BREAD
16 oz.



\$3³⁹

MARIA & RICHARDO'S
**GLUTEN-FREE
TORTILLAS**
6 ct., Select Varieties



\$2⁹⁹

OUTER AISLE
**CAULIFLOWER
SANDWICH THINS**
6.75 oz.



\$5⁴⁹

RAO'S
**HOMESTYLE FROZEN
PASTA DISHES**
8.5-9 oz.



\$3⁹⁹

JACK'S PALEO KITCHEN
**GLUTEN-FREE
COOKIES**
7 oz.



\$4⁸⁹

TABLES
**CORNMEAL CRUST
ARTISAN PIZZA**
12.5 oz.



\$6¹⁹



How & Why to Take Colloidal Silver

No longer is immune support a "seasonal" issue. Immune health should be considered year-round. While searching for fast and effective immune support, try Colloidal Silver in addition to Echinacea, oregano, zinc or elderberry. Silver has been used for more than 2,000 years to help safeguard human health. It is a natural element that can be found in whole grains, edible and medicinal mushrooms, mammalian milk, spring water, sea water and tap water.

According to webmd, colloidal silver can kill certain germs by binding to and destroying proteins. Since the time of Hippocrates it has been used to fight infections, support immune health & heal wounds. Colloidal Silver is located in the wellness/immunity section at GreenAcres & we offer many reputable brands & delivery methods.

How DO YOU KNOW IT'S safe?

It is simple. For safety, absorption & bioavailability, Colloidal Silver consists of tiny silver particles (1-100 nanometers). These tiny silver particles exit the body within 6-8 hours.

What is PPM Strength? = PPM (parts per million), which is the number of silver particles per serving or strength of the product.

How much COLLOIDAL SILVER should I consume?

Companies commonly debate 10PPM, 50PPM, 250PPM or 500PPM is the best. This will vary depending on use. Lower PPM can be insufficient when your immune system needs a strong army of supporters (aka colloidal silver particles).

Below are common suggested uses:

Daily Immune Support: 1 tsp (5mL) of 50 PPM

Traveling or Moderate Immune Support: 1 tsp (5mL) of 250PPM 1-2x per day for 5-14 days

Extra Strength Immune Support: ½ to 1 tsp (5mL) of 500PPM 1-2x per day for 14 days



AURA CACIA
SELECT PRODUCTS



30% OFF
MSRP

HEALTH & BEAUTY

HYALOGIC
ENTIRE LINE



25% OFF
MSRP

MAD HIPPIE
ENTIRE LINE



25% OFF
MSRP

MYCHELLE
ENTIRE LINE



30% OFF
MSRP

NATURTINT
ENTIRE LINE



30% OFF
MSRP

NOW
SELECT PRODUCTS



30% OFF
MSRP

now IS THE TIME

Entire Line

30% OFF
MSRP



YOUR BRAIN, YOUR BONES AND YOUR SKIN
NEED EXTRA SUPPORT!

Essential Oil DUO PACK of the month

LEMONY, GERM FIGHTING CLEANING SPRAY



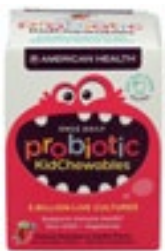
DUO \$10³⁹
REG. \$15⁴⁹

INGREDIENTS:

- quart-sized spray bottle
 - 2 cups white vinegar
 - 2 cups water
 - 1 tsp unscented dish soap
 - 30 drops lemon essential oil
 - 20 drops Tea Tree essential oil
- Mix in spray bottle. Shake to combine.
Spray and wipe on counters, cabinets,
sinks, toilets, and anywhere else!

SPECIAL DUO PRICE GOOD ALL MONTH
*WHILE SUPPLIES LAST

AMERICAN HEALTH
**SELECT
PRODUCTS**



35% OFF
MSRP

SUPPLEMENTS

ANCIENT NUTRITION
**SELECT
PRODUCTS**



25% OFF
MSRP

BLUEBONNET
**SELECT
PRODUCTS**



20% OFF
MSRP

COUNTRY LIFE
**ENTIRE
LINE**



30% OFF
MSRP

JARROW
**SELECT EYE HEALTH
PRODUCTS**



25% OFF
MSRP

KOS NATURALS
**ENTIRE
LINE**



30% OFF
MSRP

KYOLIC
**SELECT
PRODUCTS**



25% OFF
MSRP

MEDTERRA
**ENTIRE
LINE**



20% OFF
MSRP

MEGA FOOD
**ENTIRE
LINE**



25% OFF
MSRP

NATURE'S PLUS
**GI NATURAL
PROBIOTICS**



20% OFF
MSRP

Select Products

25% OFF MSRP

**TAKE
Back
YOUR HEALTH**

LifeSeasons

NATURE'S WAY
**SELECT
PRODUCTS**



30% OFF
MSRP

NORDIC NATURALS
**SELECT
PRODUCTS**



25% OFF
MSRP

SOLGAR®
Since 1947

THE GOLD STANDARD OF HEALTH

- Greater bioavailability
- Full spectrum curcumin
- Control inflammation



Select Products
35%
OFF MSRP

NULEAF SELECT PRODUCTS



15% OFF
MSRP

OM MUSHROOM ENTIRE LINE



20% OFF
MSRP

PLUS CBD ENTIRE LINE



25% OFF
MSRP

PRIMAL KITCHEN SELECT COLLAGEN PRODUCTS



30% OFF
MSRP

SOURCE NATURALS SELECT PRODUCTS



30% OFF
MSRP

SUNSOIL ENTIRE LINE



25% OFF
MSRP

Where Great Health BEGINS

Entire Line
30%
OFF MSRP



- Non Hybridic seeds
- Certified Organic & Non-GMO certified
- Complete integration & oversight from harvest to final product



SUPPORT OPTIMUM HEALTH

ancient wisdom + modern science



- Quality from the ground up
- Advanced formulas with botanicals
- All seasons respiratory support



TERRY NATURALLY ENTIRE LINE



15% OFF MSRP

VIBRANT HEALTH ENTIRE LINE



30% OFF MSRP

VITAL PROTEINS SELECT PRODUCTS



20% OFF MSRP

WINGED ENTIRE LINE



20% OFF MSRP

YERBA PRIMA ENTIRE LINE



30% OFF MSRP



DR. FORMULATED THC Free

Select Products
35% OFF MSRP



- USDA Organic & Non GMO Verified
- Whole Hemp Extracts
- Formulated by Dr. David Perlmutter



DID YOU KNOW?

WE HAVE **CBD**
quick relief

- *ROLL-ONS
- *LOTIONS
- *SPRAYS
- *BATHBOMBS

SEPTEMBER BONUS BUYS

BONUS BUYS are items that we have negotiated with vendors to offer at a 35% discount or more!

GARDEN OF LIFE
**ELDERBERRY
GUMMIES**
120 ct.



\$22⁷⁹

LIFE FLO
**MAGNESIUM
FLAKES**
44 oz.



\$14⁵⁹

NATURE'S ANSWER
**SAMBUCUS
SYRUP**
8 oz.



\$18⁸⁹

COUNTRY LIFE
**COENZYME
B-COMPLEX**
60 ct.



\$13⁸⁹

ZHOU
**APPLE CIDER
VINEGAR GUMMIES**
60 ct.



\$11⁶⁹

NOW SPORTS
**WHEY PROTEIN
ISOLATE**
8 ct.



\$9⁹⁹



NATURAL FACTORS
OIL OF OREGANO
1 FL. OZ.

\$9⁹⁹
(Reg. 19⁹⁹)

A MEDICINE CABINET In One Tiny Bottle...

Oregano is a member of the mint family. *Origanum vulgare* is the botanical name of wild oregano. It is a common ingredient in foods from all around the world, but more is used in perfumes than is consumed! It is a different oregano than you will find in the spice jar at GreenAcres Market; in fact, it is a potent healing herb. Oregano grows wild around the world, especially the mountainous areas of Greece and Turkey, where we find the highest medicinal grade of oregano. It may appear to be expensive but remember a little goes a long way as a natural remedy or treatment.

What should you look for in a wild oregano oil product?

- You want certified organic, wild-crafted oregano
- Active ingredient (cavaxrol) content between 20 and 80%
- Gentle steam distilled to preserve the delicate phytochemicals
- Guarantee that the product is free of contaminants and toxins

So, what are the healing benefits of Oregano oil?

- Oregano is a good "bug killer" – microorganisms do not build up a resistance to oregano oil
- Oregano oil will fight bad bacteria, viruses, fungi, and protozoa
- There are over 170 conditions for which oregano oil can help – bacterial infections, athlete's foot, psoriasis, intestinal worms to name just a few

Natural Factors' Oregano is a certified organic, wild crafted whole medicine chest in one tiny bottle. Now is the time to sanitize and support your immune system for the changing season. It is on sale all month at Greenacres Markets. Pick up a bottle today to fortify your system. Staying well just got easier with the help of GreenAcres and Natural Factors' Oregano Oil supplements!



**GREENACRES
MARKET**

Your healthy food experts

8141 E. 21st St. Wichita, KS 67206

Prices valid 9/01/2020 through 9/30/2020 at participating locations, while supplies last. All prices plus tax where applicable.
Regular prices may vary from store to store. **Not all items are available at all stores.**

DAILY SUPPLEMENT SUGGESTIONS TO HELP SUPPORT YOUR IMMUNITY

VITAMIN C

ENHANCES A WEAKENED IMMUNE SYSTEM ESPECIALLY IN ELDERLY.
SHORTENS DURATION OF PNEUMONIA, FLU AND COMMON COLD
1,000 MG. 2X DAILY

VITAMIN A

IMPROVES IMMUNITY AND EYE HEALTH
25,000 MG. 1X DAILY

ZINC

IMMUNE SUPPORT THAT SHORTENS DURATION & EASES SYMPTOMS
30 – 50 MG. DAILY

VITAMIN D

ANTI-INFLAMMATORY IMMUNE SUPPORT
5,000-10,000 IU DAILY

MONOLAURIN-NEW!

FIGHTS GERMS - BACTERIA, VIRUSES, AND FUNGI.
**1000 MG. PER DAY FOR MAINTENANCE,
HIGHER DOSAGES TO FIGHT ACTIVE INFECTION.**

ELDEBERRY CONCENTRATE

ANTIOXIDANT ACTIVITY THAT SLOWS VIRUS REPRODUCTION
1 TBSP. DAILY

VISIT YOUR FAVORITE GREENACRES STORE & ASK A TEAM MEMBER TO HELP FIND THE RIGHT PRODUCT FOR YOU!

FIND YOUR LOCAL STORES

KANSAS CITY

-The Village at Briarcliff-
4175 N. Mulberry Drive
Kansas City, MO 64116

WICHITA

-Bradley Fair-
8141 E. 21st St.
-West – 21st & Maize-
10555 W. 21st St.
-Normandie-
6574 E. Central Ave.
-Clear Lakes-
2315 W. 21st St., Suite 115

OKLAHOMA

-Walnut Square Shopping Center-
7301 S. Pennsylvania Ave. Suite D
Oklahoma City, OK 73159
-Lawton-
14 N.W. Sheridan Road
Lawton, OK 73505

