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WE ARE

GREENACRES.COM

Happy Holidays!



From The Green Acres Team

Barb:

Wow, none of us expected a pandemic!! Our lives have changed dramatically and so have our shopping habits. We have spent the better part of this year working closely with our teams & vendors to provide you the best options and resources to stay healthy, keep your immune system strong & your pantry full. We realize this has been a tough time & want you all to know how grateful we are that you still shop with us! For me, it's been a big shift, as I live with auto-immune challenges & our oldest daughter is immune-compromised and handicapped so she must stay protected. We have learned to be flexible, make technology our friend, adapt to working from home & further empower our teams.



John

I was never a big shopper anyhow, and now we all joke as to what is in the package on the porch today. I do believe, however, that you can't take the hometown grocery store experience & put it into a box. As Barb mentioned, we are so grateful that you all still support us as a locally/regionally owned family business & that our team is here to help you and provide educational input every step of the way as you figure out how to stay healthy & fight off infections.

Shannon

This year has brought about profound change, not only in how we live our lives, but how we run our businesses too. I will start right off & say how grateful we are for our teams at all of our Green Acres Markets. Watching how they have come together & formed a true foundation of support for each other & our customers in each of our stores has absolutely been amazing. Safety is our priority, and helping you find answers & products is a close second. We have never stopped focusing on being your healthy food experts & supplement gurus — we've just altered how we do it.

matt

Stock UP!

One thing is certain, 2020 will be a year to remember. As you know, I interact with customers every single day and we've seen our customers go through a lot & deal with situations they never thought would happen to them. If I have learned anything this year, besides the incredible importance of doing everything possible to stay healthy, stay fit & stay connected, it is count your blessings, hug your pets, take time to do something special & be optimistic!



Barb — Choc Zero Peanut Butter Cups
 Shannon — Boom Chickapop Popcorn Holiday Flavors
 John — Raw Revolution Bar Matt — Siete Almond Flour Tortillas

Don't Forget! We offer the ability for you to shop online for all of your favorite Green Acres products at greenacres.com (& curbside pickup or delivery). We are here to help!

MATT MURRAY

OUR MISSION

GreenAcres Market & Deli is your community Natural Foods Market committed to providing:

Quality Education | Dedicated Customer Service | Fresh, Natural & Organic Products | A Unique Shopping Experience

In order to improve the health of our community one person at a time.









BACK TO NATURE
ALL-NATURAL
CRACKERS
4-8.5 oz., Select Varieties



\$299

FUNCTIONAL JERKY
FOR DOGS

5 oz.



\$4³⁹

FRESHE
HIGH PROTEIN

TUNA MEALS



2/\$7

GROCERY SHOPPING MADE HEALTHY

COMVITA
RAW MANUKA
HONEY

8.8 oz., Select Varieties



\$12⁹⁹

FRONTIER

ALL-NATURAL FLAVORING & EXTRACTS

2.4 oz., Select Varieties



25% OFF MSRP

ORGANIC SOYMILK 32 oz.



\$2³⁹

FULL CIRCLE HOME **EARTH FRIENDLY**

CLEANING BRUSHES

1 ct., Select Varieties



\$3⁴⁹

EDEN

ENDANGERED SPECIES

ALL-NATURAL

CHOCOLATE BARS

SMART CHICKEN

ORGANIC

BONE BROTH

BONE

BROTH



2/\$5

GOJAI **SFFEINATE**

CAFFEINATED SPARKLING WATER

12 oz.



2/\$3

HU KITCHEN GRAIN-FREE CRACKERS 4.25 oz.



\$4⁵⁹

KETTLE
ALL-NATURAL
POTATO CHIPS
13 oz.



\$399





Gift Yourself Health

- & Shop Online for Your Favorite -

SUPPLEMENTS

SHOP AT GREENACRES.COM

ORGANIC RESTAURANT
TORTILLA CHIPS

11 oz.



2/\$6

CHEWY SOFT-BAKED
COOKIES



\$3⁷⁹

XYLITOL GUM



\$3²⁹

LILY'S SWEETS
LOW SUGAR
BAKING CHIPS

9 oz., Select Varieties



\$649

MILTON'S
GLUTEN-FREE
CRACKERS



\$3²⁹

PURELY ELIZABETH
COLLAGEN PROTEIN OATS



\$399

5

CRISPY CHOCOLATE
WAFERS

1407



\$1⁷⁹

OCHO
ORGANIC
CHOCOLATES

3.5 oz., Select Varieties



\$3³⁹

Q DRINKS

CARBONATED DRINK

MIXERS

4 ct., Select Varieties



\$389

MADHAVA
ORGANIC
LIGHT AGAVE



\$4⁹⁹

OZERY

ALL-NATURAL MORNING ROUNDS 6 ct., Select Varieties



2/\$5

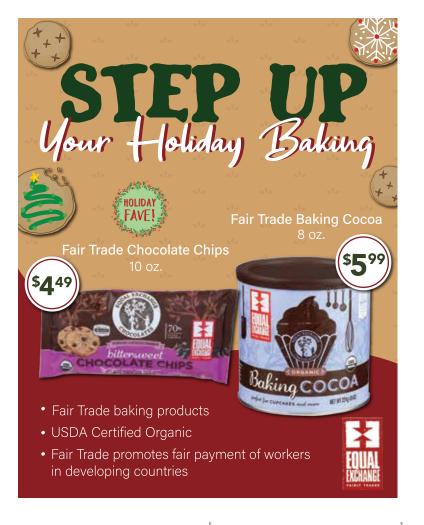
REBEL GREEN

PLANT BASED HAND SOAPS

16.9 oz.



\$3⁵⁹







2/\$5

MINI WAFEL

RipVan

RIP VAN WAFELS

LOW SUGAR

4/\$5

SIETE **GRAIN-FREE TORTILLA CHIPS**



2/\$7

SIMPLE MILLS ALMOND FLOUR **BAKING MIXES**



BLUE DIAMOND ARTISAN NUT THINS 4.25 07.



SPECTRUM ORGANIC OLIVE OIL



\$11⁶⁹

STEEP BY BIGELOW **ORGANIC PREMIUM TEAS** 20 ct., Select Varieties



2/\$6

UNREAL FAIR TRADE CHOCOLATE **CANDIES**



2/\$3





GreenAcres.com





REFRIGERATED & FROZEN DEALS

IMMACULATE BAKING ORGANIC CRESCENT ROLLS



2/\$6

LILLY'S HUMMUS **ORGANIC KETO HUMMUS**

8 07.



2/\$5

BRAZI BITES GLUTEN-FREE CHEESE BREAD



TABLE5 **CORNMEAL CRUST ARTISAN PIZZA**



ORGANIC VALLEY

ULTRA PASTEURIZED ORGANIC MILK

Half Gallon, Select Varieties



DR. PRAEGER'S **VEGGIE CAKES**



TUCSON TAMALE

GLUTEN-FREE HAND-MADE TAMALES



TETON WATERS RANCH

GRASS-FED BEEF **BRATWURST**

4 ct., Select Varieties



DAIYA

GLUTEN-FREE DAIRY-FREE PIZZA





AURA CACIA SELECT ESSENTIAL OILS



30% OFF MSRP

DERMA E
SELECT PRODUCTS



30% OFF MSRP

HEALTH & BEAUTY

ENTIRE LINE



30% OFF MSRP

NATURTINT **ENTIRE LINE**



30% OFF MSRP

NOURISH
SELECT BODY CARE
PRODUCTS



30% OFF MSRP

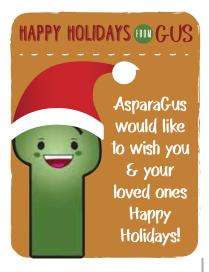
PRANAROM
SELECT PRODUCTS



20% OFF MSRF







SUPPLEMENTS

SELECT PRODUCTS



20% OFF MSRP

JARROW

SELECT BONE UP PRODUCTS



30% OFF MSRP

SOLGAR
SELECT NEW
PRODUCTS



35% OFF MSRP

SELECT IMMUNE PRODUCTS



25% OFF MSRP

KYOLIC SELECT PRODUCTS



25% OFF MSRP

ESTER C
SELECT
NEW FLAVORS



35% OFF MSRP

MEDTERRA ENTIRE LINE



20% OFF MSRP

SELECT
CASTOR OILS



30% OFF MSRP

NATURE'S ANSWER
SELECT IMMUNE
PRODUCTS



25% OFF MSRP









REBALANCE

Your Immune System



Say yes to clean ingredients Non GMO Project Verified Doctor formulated for specific needs



SUNSOIL **ENTIRE** LINE



25% OFF MSRP

URBAN MOONSHINE SELECT PRODUCTS



25% OFF MSRP

WINGED **ENTIRE** LINE



20% OFF MSRP

YERBA PRIMA SELECT **PRODUCTS**



25% OFF MSRP



ℜ Support your digestive system



· Boosts collagen, keratin and elastin proteins naturally

DECEMBER BONUS BUYS

negotiated with vendors to offer at a 35% discount or more!

NATURAL FACTORS
OSTEOMOVE
120 tablets



\$28⁹⁹

NATURE'S WAY FIBER FUSION 150 ct.



\$849

AMAZING GRASS
ENERGY BOOSTER
POWDER



\$1169

SOURCE NATURALS
WELLNESS VITAMIN C
1000 MG.



\$679

CV SCIENCE

MAXIMUM STRENGTH

CBD 50 MG.



\$5199

NATURE'S ANSWER
IMMUNE DEFENSE
ESSENTIAL OIL



\$649



DR. BRONNER'S

REGENERATIVE ORGANIC COCONUT OIL

\$1469 (Reg. 22⁵⁹)

NOT ALL COCONUT OILS ARE THE SAME!

UPGRADE YOUR COCONUT OIL WHILE SAVING THE PLANET...

Dr. Bronner's Virgin Coconut Oil is expeller-pressed from fresh, carefully dried coconut kernels. Pioneering the science of healthy farming practices, Dr. Bronner's Regenerative Organic Coconut Oil is perfect for cooking, baking, hair & body! Use for stir-frying, sauces & healthier baking. Moisturizes hair & skin, good for oil pulling and oral care.

Dr. Bronner's is raising the bar. They helped found and qualify for the Regenerative Organic Certification (ROC). But what is Regenerative Organic Certification?

- ROC is a holistic agriculture certification encompassing pasture-based animal welfare, fairness for farmers and workers, and robust requirements for soil health and land management, taking our commitment to organics and fair trade even further!
- Dr. Bronner's sister company in Sri Lanka, where all of their coconuts are grown by small scale local farms within the "coconut triangle", works with farmers trained in organics to implement regenerative organic practices that enrich soil, promote biodiversity and sequester atmospheric carbon—building resilience in the face of a changing climate!
- Dr. Bronner's also supports local communities through projects helping support medical facilities, schools and infrastructure like bridges.
- Dr. Bronner's pays local farmers fair wages, 20 to 25% above market for their farmers.

Dr. Bronner's Coconut Oil is good for people and planet - with an unmatched flavor! Every time you use it you are ensuring soil health and social fairness.

"Based on universal truth: that the seed, the plant, the soil, the animal on the land and the sky above, the person who raises the food and the person who eats it – make up one interlocking system!" Dr. Bronner's is leading the way to a healthy planet for all.

Pick up your Dr. Bronner's coconut oil at GreenAcres. It is perfect for all your holiday recipes and cooking needs. Plus, it is a must-have ingredient for DIY body care recipes. Certified organic, fresh pressed and unrefined.



Prices valid 12/01/2020 through 12/31/2020 at participating locations, while supplies last. All prices plus tax where applicable.

Regular prices may vary from store to store. **Not all items are available at all stores.**

UPDATED RECOMMENDATIONS FOR IMMUNITY

VITAMIN C

ENHANCES A WEAKENED IMMUNE SYSTEM ESPECIALLY IN ELDERLY. SHORTENS DURATION OF PNEUMONIA, FLU AND COMMON COLD 1,000 MG. 2X DAILY

QUERCITIN-NEW!

PLANT SOURCED ANTIOXIDANT THAT BOOSTS IMMUNITY & REDUCES INFLAMMATION **150-170MG DAILY**

ZINC

IMMUNE SUPPORT THAT SHORTENS DURATION & EASES SYMPTOMS 30 - 50 MG. DAILY

VITAMIN D

ANTI-INFLAMMATORY IMMUNE SUPPORT 5,000-10,000 IU DAILY

MONOLAURIN

FIGHTS GERMS - BACTERIA, VIRUSES, AND FUNGI.

1000 MG. PER DAY FOR MAINTENANCE,
HIGHER DOSAGES TO FIGHT ACTIVE INFECTION.

ELDERBERRY CONCENTRATE

ANTIOXIDANT ACTIVITY THAT SLOWS VIRUS REPRODUCTION 1 TBSP. DAILY

VISIT YOUR FAVORITE GREENACRES STORE & ASK A TEAM MEMBER TO HELP FIND THE RIGHT PRODUCT FOR YOU!

FIND YOUR LOCAL STORES

KANSAS CITY

-The Village at Briarcliff-4175 N. Mulberry Drive Kansas City, MO 64116 PH 816-746-0010

WICHITA

-Bradley Fair-8141 E. 21st St. PH 316-634-1088

-West – 21st & Maize-10555 W. 21st St. PH 316-729-4365

-Normandie-

6574 E. Central Ave. PH 316-685-4283

-Clear Lakes-

2315 W. 21st St., Suite 11! PH 316-832-1227

OKLAHOMA

-Walnut Square Shopping Center-

7301 S. Pennsylvania Ave. Suite D Oklahoma City, OK 73159 PH 405-681-6060

-Lawton-

14 N.W. Sheridan Road Lawton, OK 73505 PH 580-353-1533

