

A CLEAN SWEET

Re:Solutions 2021
Resetting for better health
page 2

Re:Invent Yourself How do you want to eat? page 9

Colloidal Silver Improve your immunity page 13



GREEN/ACRES/COM

RE:SOLUTIONS 2021



RE:INVENT YOURSELF - HOW DO YOU WANT TO EAT?

Keto, Paleo, Plant-based. No more excuses - It's time to get back on your plan to kick off the new year. Your favorite diet plans are still around and still providing the same support. See our article on page 9 that reminds us of the benefits of each of these plans.



RE:IMAGINE YOUR LIFE - WHAT'S NEXT?

Get a pet, read a book, unplug from social media. What better gift to start the new year than to unplug a bit from all the daily stresses. Variety is important for the brain. Switching to a different pastime or playing with a pet is just as important as taking supplements for support!



RE:BOOT - WHAT IS YOUR FITNESS PLAN?

Movement – cardiovascular, strength, stretching. Exercise may be the hardest, especially since it is still winter, so start small. Set some incremental goals of "steps per day", core strength workout, 5 minutes of deep breathing, or morning yoga stretches. Maybe join a zoom workout class for accountability. The most important part of making this part work is picking a plan you will stick with. Consistency is important. You can do it!



RE:ENERGIZE - WHAT'S ON YOUR MIND?

Memory and cognitive support – Every day advancements are being made with products that support our brain health. **See page 12 for our list of the best products we recommend!** Do not worry, what may seem like information overload from 2020, can easily be put into perspective with a few brain exercises & supportive nutrients.



RE:LEASE - STRESS & ANXIETY WORRIES?

Sleep, relaxation, positive energy. None of the suggestions above will work if you do not commit to adding relaxation, good balanced sleep, and positive thoughts into your daily regimen. Check out the article on page 13 for some suggestions on key nutrients to support this category.



RE:CHARGE - NEED A BETTER IMMUNE SYSTEM?

Drink lots of water; take daily immune support supplements. Lesson learned from 2020: it is important to keep your immune system strong and healthy. Check out the back cover for our newly updated list of key immune supporting nutrients to add to your mix.

OUR MISSION

GreenAcres Market & Deli is your community Natural Foods Market committed to providing:

Quality Education | Dedicated Customer Service | Fresh, Natural & Organic Products | A Unique Shopping Experience

In order to improve the health of our community one person at a time.





4505 **ZERO CARB PORK RINDS**



BARKTHINS DARK CHOCOLATE **BARK**



2/\$7

GROCERY SHOPPING MADE HEALTHY

BEE HARMONY 100% RAW HONEY 12 oz., Select Varieties



BIENA FOODS

GLUTEN-FREE



CHICKPEA SNACKS

2/\$7

BLUE DIAMOND GROWERS

GLUTEN-FREE NUT THINS

4.25 oz.



BRAGG

ORGANIC APPLE CIDER VINEGAR

32 oz.



ANNIE CHUN'S **ASIAN INSPIRED NOODLE BOWLS** 7.8-8.5 oz.



2/\$6

BIGELOW BENEFITS ALL NATURAL HERBAL TEAS



BOULDER CANYON

CANYON CUT CHIPS

6.5 oz., Select Varieties



2/\$5

CATALINA CRUNCH KETO FRIENDLY

CEREALS





COOMBS FAMILY FARMS
ORGANIC
MAPLE SYRUP

32 oz.



\$19⁹⁹

ESSENTIA
HYDRATING 9.5 PH
ELECTROLYTE WATER



\$199

GARDEN OF LIFE PLANT BASED

PROTEIN DRINK



\$999

JUSTIN'S **ALMOND BUTTERS**16 oz., Select Varieties



\$9⁴⁹

DANG FOODS THAI RICE CHIPS 3.5 oz.



2/\$5

FROM THE GROUND UP
GLUTEN-FREE
CAULIFLOWER STALKS

4 oz.



2/\$6

GOMACRO

ORGANIC VEGAN MACROBAR

Select Varieties



2/\$4

KETTLE

ALL-NATURAL KETTLE CHIPS

5 oz.



2/\$5

Clean Nutrition Stock up. Fuel up.

Organic Plant Based Protein Powder 2.03 lbs. egan

Vegan Nutrition Shake 11 oz.



Seguin Organic Protein
PROTEIN POWDER

Seguin Constitution of the constitution of the

High quality clean protein
 USDA Certified Organic
 Smoothie powder or ready to drink

HIPPEAS

ORGANIC CHICKPEA
PUFFS

4 oz.



2/\$5

KINDERLYTE

NATURAL ADVANCED ELECTROLYTE DRINK

33.8 oz., Select Varieties



\$599

GOOD TO GO

SOFT BAKED KETO BAR



2/\$3

ETERNAL WATER

NATURAL ALKALINE SPRING WATER

1 Liter



\$169

ORGANIC POTATO
CHIPS

5 07.



\$2⁷⁹

MADE GOOD

ORGANIC SOFT BAKED COOKIES

5 ct.



2/\$6

LIFEAID

CLEAN NUTRITIONAL BLEND BEVERAGE

12 oz.



2/\$5

MOM'S BEST

ALL-NATURAL
GLUTEN-FREE CEREAL

16-24 oz., Select Varieties



\$299

LUNDBERG

ORGANIC RICE CAKES

8.5-9.5 oz., Select Varieties



\$349

NIXIE SPARKLING WATER

ORGANIC FLAVORED SPARKLING WATER

8 ct.



\$4⁵⁹

ORGANIC VALLEY

ORGANIC GHEE



\$699

OWYN
PLANT BASED
PROTEIN DRINK



2/\$6

FLOW WATER
ALKALINE
SPRING WATER

1 Liter



2/\$3

ORGANIC INDIA

WHOLE HERB TEA INFUSIONS

18 ct



\$399

MAXINE'S HEAVENLY

GLUTEN-FREE

COOKIES



\$499

PACIFIC RESOURCES

RAW MANUKA

HONEY



\$28⁹⁹



- Non-GMO Project Verified
 Calcium rich
 - Single serve shelf stable non-dairy milks

KICKOFF 2021 WITH THESE Fan Faves





ANNIE'S HOMEGROWN
ALL-NATURAL
MAC & CHEESE
5.5-6 oz., Select Varieties



MUIR GLEN ORGANIC CANNED TOMATOES 14.5 oz., Select Varieties



MEAT, FRUIT & NUT BARS Select Varieties



CASCADIAN FARM ORGANIC FROZEN VEGETABLES



FOOD SHOULD TASTE GOOD GLUTEN-FREE TORTILLA CHIPS 5.5 oz . Select Varieties



LARABAR FRUIT & NUT BAR



PARM CRISPS

OVEN BAKED CHEESE SNACK

1 75 07



2/\$6

PURELY ELIZABETH

COLLAGEN PROTEIN OATS

8 oz.



\$399

PIPCORN GLUTEN-FREE

CHEESE BALLS 4.5 oz, Select Varieties



\$299

PURELY ELIZABETH

GLUTEN-FREE OATMEAL CUPS

2 oz



\$169

PRIMAL KITCHEN **AVOCADO OIL**

MAYO



\$749

RISE BREWING

ORGANIC OATMILK

RISE

\$2²⁹

PUKKA ORGANIC TEA

20 ct.



\$429

PIRATE'S BOOTY

BAKED RICE & CORN PUFFS

10 oz.



\$549



GET HEALTHY 🎟 GUS



Use a few drops of peppermint oil in your laundry to add freshness & eliminate dander.

SEEDS OF CHANGE

ORGANIC READY TO **HEAT RICES**

8.5 oz.



2/\$6

SIMPLE MILLS

GLUTEN-FREE PITA

CRACKERS

4.25 oz.

SO DELICIOUS

COCONUTMILK ASEPTIC BEVERAGE



SUNFOOD

ORGANIC TURMERIC **POWDER**





THE GFB

GLUTEN-FREE PROTEIN BARS



SKINNYPOP

ALL-NATURAL POPCORN



SWERVE

DIABETIC FRIENDLY **BAKING MIXES**

9.3 - 11.4 oz.



SPLIT NUTRITION

NUT BUTTER & FRUIT SPREAD POUCHES



TEECCINO

CAFFEINE FREE **HERBAL TEA**

10 ct., Select Varieties



NON-GMO REAL VEGETABLE CHIPS 5-6 oz., Select Varieties

TERRA CHIPS

ERRA





2/\$3

THINK! **20G PROTEIN BARS**



2/\$3

TOLERANT

PLANT BASED ORGANIC PASTA



WASA

GLUTEN-FREE CRISPBREAD

5.4-6.1 oz., Select Varieties



WILD PLANET

SUSTAINABLY CAUGHT TUNA

5 oz., Select Varieties



WOLFGANG PUCK ORGANIC SOUPS 14.5 oz.



\$2³⁹

YOGI TEA
ALL-NATURAL
HERBAL TEA



\$369

ZEVIA
ALL-NATURAL
DIET SODA



\$469

R.W. KNUDSEN
ORGANIC
JUST JUICE
32 oz., Select Varieties



\$649



RE:INVENT YOURSELF - HOW DO YOU WANT TO EAT?

HERE IS A QUICK REVIEW & PRODUCT SUGGESTIONS FOR THE THREE MOST POPULAR DIET PLANS

KETO: The basic premise is to increase healthy fats to get your body to use fat as a form of energy. The belief is it takes fat to burn fat. Reducing carbs causes cells to shift to burning fat for fuel - a process called ketosis. Once initial weight loss is achieved safely most people settle into a keto light diet that has a more balanced ratio of fat/protein/carbs.

Suggestions:

- 65-70% High Fat - 20-30% Protein - 5-10% Carbohydrates

HIGHLIGHTED PRODUCTS

- Choc Zero - Birch Benders Pancake Mix - Lakanto Syrup - GOL Keto Meal - Good to Go Keto Bars - Bhu Keto Bites - Catalina Crunch Cereal

PALEO: If the cavemen & women didn't eat it you shouldn't either. Say goodbye to refined sugar, dairy, legumes & grains & hello to meat, fish, poultry, fruits & vegetables. Staying primitive with your diet helps reduce risks of modern day diseases that resulted from the introduction of processed foods.

Suggestions:

Focus is more on types of food, less on ratio of proteins/fats/carbs
 Diet tends to be higher protein intake overall

HIGHLIGHTED PRODUCTS

- Hu crackers Simple Mills Pancake Mix Miss Jones Not Cornbread Primal Kitchen Avocado Oil Mayo
- Siete Grain-Free Tortilla Chips Lesser Evil Paleo Puffs

PLANT BASED: This plan focuses primarily on foods from plant sources. Includes fruits, vegetables, seeds, oils, whole grains, legumes & beans. Being plant based doesn't necessarily mean you are vegetarian or vegan – you just get a larger portion of your food from plant sources. Some still enjoy meat & dairy periodically.

Suggestions:

- Make the plant based foods the main portion on your plate & garnish with everything else
- Source organic when possible for plant based to maximize available nutrients

HIGHLIGHTED PRODUCTS

- Miyokos Vegan Cheeses & Butters Daiya Dairy-Free Cheeses & Pizzas Silk Almond Milk Orgain Plant Based Protein Powder
- So Delicious Plant Based Ice Creams

A successful diet plan is one that you enjoy, is sustainable with your lifestyle & satisfying. Deprivation is not a good long term plan & moderation is key. All three plans promote portion control & elimination of refined foods & sugars.

GT'S **ORGANIC KOMBUCHA** 16 oz., Select Varieties



NOOSA **ALL-NATURAL YOGHURT LIL TUBS**



5/\$5

REFRIGERATED & FROZEN DEALS

EVOLUTION FRESH

COLD-PRESSED JUICE **SMOOTHIES**

15.2 oz., Select Varieties



2/\$7

FORAGER

CASHEW MILK YOGURT ALTERNATIVE

24 07.



KALONA SUPER NATURAL **ORGANIC GRASS-FED KEFIRS**

32 07



PICNIK

GRASS-FED BUTTER COFFEE CREAMER



CALIFIA FARMS **ALMOND & COCONUT** DAIRY-FREE MILK



BREW DR.

ORGANIC 100% RAW KOMBUCHA



2/\$5

CHAMELEON

ORGANIC COLD **BREW COFFEE**

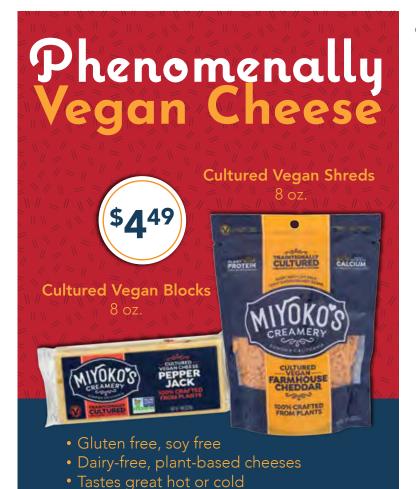


GREEK GODS

KETO FRIENDLY **YOGURTS**

4.5 07.







ALEXIA NON-GMO FRIES 16 oz., Select Varieties



\$299

CAULIPOWER CAULIFLOWER CRUST PIZZA



\$699

DR. PRAEGER'S

ALL-NATURAL VEGGIE BURGERS

4-pack, Select Varieties



\$389

ORGANIC WHOLE MILK KEFIRS

32 oz., Select Varieties



\$399

BASE CULTURE GLUTEN-FREE PALEO BREADS

16 07



\$799

TUMARO'S

CARB WISE WRAPS

11.3 oz.



2/\$5

MAMMOTH CREAMERIES

KETO FRIENDLY FROZEN CUSTARD

1 Pint



\$599





RE:ENERGIZE YOUR MIND - SOLUTIONS

The most important part of supporting memory & cognitive function is providing nutrients that reduce inflammation, increase circulation, help eliminate brain fog & support cellular health.

Brain function can range from extreme fatigue to agitated & overused, often aging the brain guicker than it should. How many times have we said: "If only my brain worked better" "If only I could remember the little things"

Our brains need constant nutritional support, and stress reducing efforts to remove the "noise" and let the brain function as it should: balanced & alert.

These are some of the most innovative products we have available to help you feel like you have taken years off your "brain age". Come talk to our educated staff members today to find out which formula is right for you!



DAIYA

GLUTEN-FREE DAIRY-FREE PIZZA



OUTER AISLE

CAULIFLOWER SANDWICH THINS



RAO'S

HOMESTYLE FROZEN PASTA DISHES



SWEET EARTH

PLANT BASED **CHIK'N STRIPS**





Organic Cheese Slices 8 oz.

Organic **Cheese Shreds** 6 oz.







- Non-GMO Project Verified
- Vegan and Paleo

DAIRY FREE

Daily IMMUNE HEALTH +

The last year taught us one thing: immune support is not only a fall or winter concern. The pandemic of 2020 made us realize that immune health should be a year-round concern. **Colloidal Silver can deliver fast immune support.** Colloidal Silver in addition to Echinacea, oregano, zinc, and elderberry has become a mainstay for wellness. Proven in research, it is one of the fastest immune boost/support items in premier health food stores. While it can be combined with herbs or supplements, some people believe that Colloidal Silver is truly an all-in-one-stop to restore, strengthen and support your immune system when you need it most.

•It is safe for adults, children, and pets. It is simple. For safety, absorption and bioavailability, Colloidal Silver consists of tiny silver particles (1-100 nanometers). These tiny silver particles exit the body within 6-8 hours.

- What is PPM? Strength = PPM (parts per million), which is the number of silver particles per serving or strength of the product.
- •How much colloidal silver should I consume? Companies commonly debate if 10PPM, 50PPM, 250PPM or 500PPM is the best. This will vary depending on use.

How much do you need to take?

- •Daily Immune Support-1 teaspoon (5mL) of 50PPM
- •In Presence of Others with Compromised Immune System, Traveling or Moderate Immune Support- 1 tsp (5mL) of 250PPM 1-2 times per day for 5-14 days.
- •Extra Strength Immune Support- ½ to 1 tsp (5mL) of 500PPM 1-2 times per day for 14 days.





Stress, anxiety & worry can put unnecessary pressure on a key organ system in the body, our adrenal glands. The adrenals are designed to regulate stress & anxiety, but they can get overloaded & give out. You may recognize the phrase "fight or flight" – it is how the adrenals handle excess stress & trigger us to respond,

To help alleviate symptoms & reduce the exhaustion that results, it is important to support your adrenals with key nutrients including powerful adaptogenic herbs like ashwagandha, amino acids like 5HTP, and CBD.

These are a few of our top picks – both as individual ingredients and powerful combo formulas.

Come talk to one of our educated staff members today to find out which product is right for you!





AMAZING GRASS SELECT PRODUCTS





ANCIENT NUTRITION **SELECT PRODUCTS**



25% OFF MSRP

BARLEAN'S **SELECT**

PRODUCTS



20% OFF MSRP

BLUEBONNET SELECT

PRODUCTS



CHILDLIFE **SELECT PRODUCTS**



20% OFF MSRP

COUNTRY LIFE SELECT PRODUCTS





Emerald The Additive-Free Company

European Elderberry + PureWay-C

Deep Immune Health

+ Maitake Gold MG 404 + Turkey Tail-



• The additive free company • Only active ingredients

Doctor formulated / clinical potency



THE WORLD'S

• Industry leading formulas • Top purity & quality • Gluten free / Non GMO Vegan



Voted #1 for pain relief Safe, effective, non addictive Clinically studied



 Curamin • For Mental Function & Clarity • Extra strength pain relief • 60 ct.

Curamin

EXTRA STRENGTH Pain Relief

• BosMed 500 Advanced Boswellia

•60 ct.

DOCTOR'S BEST SELECT PRODUCTS



20% OFF MSRP

ENZYMEDICA SELECT PRODUCTS



25% OFF MSRP

ESTER-C **SELECT PRODUCTS**

• 60 ct.



30% OFF MSRP

FLORA

ELDERBERRY LIQUID



35% OFF MSRP

GREEN MED SELECT PRODUCTS



HIMALAYA **SELECT**



25% OFF MSRP

HYALOGIC

SELECT JOINT & IMMUNE PRODUCTS





HYLAND'S SELECT KIDS PRODUCTS





• Gluten free dairy free & soy free

• Whole foods ingredients for better absorption

Cultivate
a

Garden of Health

Garden of Life

SELECT PRODUCTS



30% OFF MSRP

LIFE SEASONS
SELECT

PRODUCTS



20% OFF MSRP

JARROW
SELECT
PRODUCTS



25% OFF MSRP

MANITOBA HARVEST

BROAD SPECTRUM CBD SOFT GELS



25% OFF MSRP

SELECT PRODUCTS



30% OFF MSRP

NATURE'S ANSWER

SELECT SAMBUCUS PRODUCTS



30% OFF MSRP

SELECT PRODUCTS



25% OFF MSRP

NATURE'S PLUS

SELECT COLLAGEN



20% OFF MSRP



Vitamin D3
Supports Healthy Bones
250mcg
120 ct.

RXOmega-3Pharmaceutical Grade Fish Oil
Supports Cardiovascular Health
120 ct.

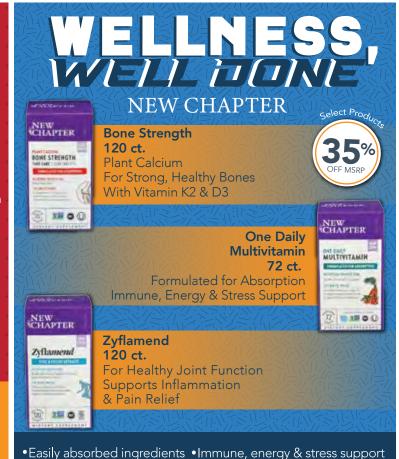


25%
OFF MSRP

RXOmega-3
Parmacrusical Grade Field On
1PA 400 mg / DHA 200 mg

Ming. 120 freedown letter
2000/MACCAL NO INFABILITY
2000/MACCAL NO INF

- Highest quality at the fairest prices
- Non gmo vegan gluten free
- Support cardio health & brain function



Support inflammation & pain relief





NATURE'S WAY
SELECT ALIVE!
PRODUCTS



25% OFF MSRP

SOLGAR
SELECT
PRODUCTS



30% OFF MSRP

NULEAF SELECT PRODUCTS



15% OFF MSRP

SOVEREIGN SILVER
SELECT
PRODUCTS



20% OFF MSRP

SELECT PRODUCTS



20% OFF MSRP

SELECT PRODUCTS



25% OFF MSRP

SMARTYPANTS SELECT



15% OFF MSRP

SOURCE NATURALS
SELECT
PRODUCTS



30% OFF MSRP



NORDIC NATURALS

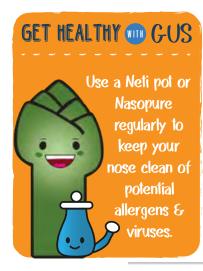
urity Matters

Support overall wellness Heart, brain & immune enhancing Science based formulas VITAMIN DI GUMMIES Note in premarked bytes in a formation bytes in a

Vitamin D3 Gummies
60 ct.
Bone Health
Positive Mood



Ultimate Omega 180 ct. Healthy Heart Brain Health Optimal Wellness



ULTIMA REPLENISHER SELECT HYDRATION PRODUCTS



35% OFF MSRP

SELECT PRODUCTS



30% OFF MSRP

SELECT PRODUCTS



20% OFF MSRP

SELECT PRODUCTS



20% OFF MSRP

WISHGARDEN

SELECT PRODUCTS



20% OFF MSRF

YERBA PRIMA
SELECT

SELECT PRODUCTS



15% OFF MSRP

YOUTHEORY
SELECT
PRODUCTS



25% OFF MSRP



Protein Powder ____ 1 lb.

High Quality Whey Protein Isolate Great for Keto & Low-Carb Lifestyles Select Products 6 G MCT's



- Specially formulated to support a keto lifestyle
- Vegetarian, Vegan, & Non GMO



JANUARY BONUS BUYS

BONUS BUYS are items that we have negotiated with vendors to offer at a 35% discount or more!

YERBA PRIMA
MEN'S & WOMEN'S
CLEANSE KITS



\$19⁴⁹

NATURE'S ANSWER
SAMBUCUS
GUMMIES



\$16⁴⁹

GENEXA
COLD CRUSH
HOMEOPATHIC REMEDY



\$11²⁹

NATURAL FACTORS
ANTI-V HERBAL
LIQUID



\$10³⁹

CV SCIENCE
ACUTE IMMUNE
SUPPORT



\$22⁷⁹

RENEW LIFE
7 DAY RAPID
CLEANSE KIT



\$19⁴⁹



NEW CHAPTER

WHOLE FOOD VITAMINS FOR MEN AND WOMEN

24 TABLETS

\$1629 (Reg. 24°°)

naturally BOOST YOUR IMMUNE SYSTEM WITH FERMENTED MULTIVITAMINS

Over the years experts have told us it is not what you eat, but what you absorb. New Chapter has created essential nutrients your body can recognize for immune, energy, stress, and beauty support.

FERMENTATION MAKES THE DIFFERENCE:

Whole Food Multivitamins from New Chapter deliver vitamin and mineral nutrients that have been incorporated into Saccharomyces Cerevisiae's (brewer' yeast) cell structure. Your body recognizes this familiar cell structure and can unlock the nutrition that is within. Fermented nutrients are not only recognized by the body as food, but they are also gentle enough to take anytime, even on an empty stomach. Fermentation increases the antioxidant strength of nutrients. As an example, fermented vitamin C shows almost an 80% higher antioxidant potential than plain ascorbic acid. More potency equals more power to fight free radicals that may be weakening your immune system.

NUTRIENTS ARE INCLUDED:

Fermented Zinc, Vitamins C and A as well as eight essential B vitamins for energy metabolism.

COMPLIMENTARY HERBAL BLEND:

Antioxidant rich herbals are included in the signature Immune support blend – including Elderberry, Eleuthero, and Astragalus.

GENDER SPECIFIC FORMULAS HAVE SPECIAL INGREDIENTS FOR BOTH MEN AND WOMEN:

- For Her: Heart, brain, bone, breast health, and digestive support
- For Him: Brain, prostate, stress, and digestive support

IT IS A NEW YEAR! Are you ready to feel the difference from your multivitamin? Try these exciting additions to your daily health maintenance program and discover the New Chapter fermented difference. All are non-GMO certified and NSF certified gluten-free. Ask a team member at GreenAcres market which would be the best choice for you to try in 2021.



8141 E. 21st St. Wichita, KS 67206

Prices valid 1/01/2021 through 1/31/2021 at participating locations, while supplies last. All prices plus tax where applicable.

Regular prices may vary from store to store. **Not all items are available at all stores.**

NEW YEAR RECOMMENDATIONS FOR IMMUNITY

VITAMIN C

ENHANCES A WEAKENED IMMUNE SYSTEM ESPECIALLY IN ELDERLY. SHORTENS DURATION OF PNEUMONIA, FLU AND COMMON COLD 1,000-2,000 MG. 1-2X DAILY

QUERCETIN-NEW!

PLANT SOURCED ANTIOXIDANT THAT BOOSTS IMMUNITY & REDUCES INFLAMMATION 150-170MG DAILY

ZINC

IMMUNE SUPPORT THAT SHORTENS DURATION & EASES SYMPTOMS 30 - 50 MG. DAILY

VITAMIN D3

ANTI-INFLAMMATORY IMMUNE SUPPORT 5,000-10,000 IU DAILY

MONOLAURIN WIOLIVE LEAF EXTRACT

FIGHTS GERMS - BACTERIA, VIRUSES, AND FUNGI.

1000 MG. PER DAY FOR MAINTENANCE,
HIGHER DOSAGES TO FIGHT ACTIVE INFECTION.

ELDERBERRY CONCENTRATE

ANTIOXIDANT ACTIVITY THAT SLOWS VIRUS REPRODUCTION 1 TBSP. 1-2X DAILY

NAC-NEW!

DERIVED FROM AN AMINO ACID, IT IS ESSENTIAL TO IMMUNE FUNCTION & LUNG HEALTH 600-1200 MG. DAILY

VISIT YOUR LOCAL GREENACRES & ASK A TEAM MEMBER TO HELP FIND THE RIGHT PRODUCT FOR YOU!

FIND YOUR LOCAL STORES.

KANSAS CITY

-The Village at Briarcliff-

4175 N. Mulberry Drive Kansas City, MO 64116 PH 816-746-0010

WICHITA

-Bradley Fair-

8141 E. 21st St. PH 316-634-1088

-West - 21st & Maize-

10555 W. 21st St. PH 316-729-4365

-Normandie-

6574 E. Central Ave. PH 316-685-4283

-Clear Lakes-

2315 W. 21st St., Suite 11! PH 316-832-1227

OKLAHOMA

-Walnut Square Shopping Center-

7301 S. Pennsylvania Ave. Suite D Oklahoma City, OK 73159 PH 405-681-6060

-Lawton-

14 N.W. Sheridan Roac Lawton, OK 73505 PH 580-353-1533

