

APRIL SALES 2022

Sigh of Relief

Our Spring Tasting is Back! page 2

Living in a Gummy World page 11

Healthy Food Trends
Throughout Issue



GREENACRES.COM

*Collective Sigh of Relief

As the pandemic begins to lessen and people are starting to feel more confident in stepping out and returning to life as usual, there is much to celebrate! However, on a serious note, it is time to get back to basics for everyday health maintenance.

During the pandemic, doctors & experts warned that people were falling behind on medical care for chronic illnesses due to medical overload caused by hospitals and the medical centers bursting at the seams with COVID patients.

So what happens now? We Get Back to Basics!

IMMUNITY The pandemic taught us that immune health is key to overall wellness.

These are our top recommendations of supplements to continue taking as you find your new normal:

Vitamin C, Zinc, Quercetin, Vitamin D3, Elderberry – all are important immune supporters.

CHRONIC CONDITIONS

- Know your numbers! Blood sugar, cholesterol, vision, all need checking.
 Make your appointments now, many are experiencing long delays to get in.
- Have you been postponing treatment for a degenerative condition?
 Find good treatment options now! Don't ignore symptoms.

STRESS & LIFESTYLE SUPPORT

- Stress is of top concern.
- Ashwagandha, Saffron, L-Theanine, B-Complex vitamins all support tired adrenal glands.

GET ACTIVE, & FIND A HEALTHY BODY WEIGHT

- Supplement your protein intake, hydrate with electrolytes, and drink pure water!
- Make fruits, vegetables, lean proteins, and beneficial fats the core of your diet.

ers.

If you have more questions, we invite you to come talk to our expert team members to help you "Reset" your daily regimen!

No better time to start than at our annual Spring Tasting Fair (see details below)



•SPRING SPECIALS •2X POINTS ALL DAY! •LIVE DEMOS
•SAMPLES •GIVE-AWAYS •LOCAL VENDORS

OUR MISSION

GreenAcres Market & Deli is your community Natural Foods Market committed to providing:

Quality Education | Dedicated Customer Service | Fresh, Natural & Organic Products | A Unique Shopping Experience

In order to improve the health of our community one person at a time.



GROCERY SHOPPING MADE HEALTHY

BRAD'S PLANT BASED ORGANIC CRUNCHY KALE



\$399

NEW ZEALAND ARTESIAN WATER



\$2²⁹

ALTER ECO
ORGANIC DA

ORGANIC DARK
CHOCOLATE TRUFFLES



\$699

BRAGG

ORGANIC APPLE CIDER VINEGAR

32 oz.



\$5⁴⁹

CABOO

NATURAL BAMBOO FACIAL TISSUE

Select Varieties



\$189

COCOMELS
SUGAR FREE COCONUT
MILK CARAMELS

2.75 oz.



\$3⁴⁹

COUNTRY ARCHER

ZERO SUGAR BEEF JERKY

2 oz., Select Varieties



\$649

DAIYA

DAIRY-FREE MAC & CHEEZE

10.6 oz.



\$399

ESSENTIA

HYDRATING 9.5 PH ELECTROLYTE WATER

15 Liter



\$2²⁹



Non-GMO
Tortilla Chips
7.8 oz.

S299

Organic Restaurant Style Chips 10.1 oz.

• Gluten Free • Made with organic ingredients • Non-GMO Project Verified

FRUIT BLISS

ORGANIC DRIED FRUITS

5 oz., Select Varieties



\$499

KETTLE BRAND
ALL-NATURAL
KETTLE CHIPS
5 oz.



\$299

LILY'S SWEETS
LOW SUGAR
CHOCOLATE BARS



\$3⁴⁹

MILKADAMIA DAIRY-FREE MACADAMIA MILK



\$3⁴⁹

FULL CIRCLE

REUSABLE LUNCH BAG SET

2 ct., Select Varieties



\$499

KIND

GLUTEN FREE

NUTRITION BARS

Select Varieties

•

GRANDY ORGANICS ORGANIC GRAIN-FREE

GRANOLA 9 oz.



\$669

LOW SUGAR
PROTEIN BARS



2/\$4

LACROIX

100% NATURAL SPARKLING WATER

12 ct., Select Varieties



\$5⁴⁹

LIFEAID
CLEAN NUTRITIONAL
BLEND BEVERAGE

12 oz



2/\$5

MADHAVA

ORGANIC COCONUT SUGAR

16 oz.



\$549

MOON CHEESE

GLUTEN-FREE

CHEESE BITES



\$299





Organic Fair Trade Chocolate Bars

2 FOR
\$6

ORGANIC

ORG

- Fair Trade promotes fair payment to workers in developing countries
- All coffees and chocolate bars are USDA Certified Organic
- Chocolate bars are vegan, soy and gluten free

ORGANIC VALLEY
ORGANIC GHEE

13 oz.



\$13⁷⁹

SIMPLY ORGANIC

BAKING EXTRACTS

& SPICES

Select Varieties



30% OFF MSRP

PACIFIC FOODS

ORGANIC BROTHS
32 oz., Select Varieties



\$399

STEAZ

ORGANIC YERBA

MATE

2/\$4

steaz

steaz

200

TASTY BITE & SEEDS OF CHANGE

POUCHES
8.5 & 10 oz.



2/\$6

PALEO RANCH

FREE RANGE CHICKEN BITES



\$4⁵⁹

QUINN
FILLED PRETZEL
NUGGETS



\$4²⁹

VITA COCO
ALL-NATURAL
COCONUT WATER
1 Liter Select Variation



2/\$4









Crack open a sustainable future with eggs from regenerative farms!

Our eggs come from farms that prioritize preserving and regenerating topsoil—leading to better outcomes for farmers, animals, people, and the planet.



\$1.00 OFF this month only!

Pasture-Raised Non-GMO: \$4.99 (now \$3.99)

Free Range Non-GMO: \$4.49 (now \$3.49)

Flap along with us @helpfulhens · www.helpfulhens.com

COCOJUNE PLANT-BASED COCONUT YOGURT

4 oz.



\$1⁷⁹

REFRIGERATED & FROZEN DEALS

Healthy FOOD TREND Innovation has improved the texture and flavor of plant-based meats such as chicken nuggets and burgers.

KOE

ORGANIC SPARKLING

PROBIOTIC KOMBUCHA

12 oz., Select Varieties

PLANT-BASED MILKS

32 07



\$4²⁹

KETO PLANT BASED SHAKES

12 07.



\$3²⁹

EVOLUTION FRESH COLD-PRESSED JUICES

15.2 oz., Select Varieties



\$399

LIGHTLIFE

PLANT BASED JUMBO HOT DOGS

5 ct.



\$369

FARMER'S HEN HOUSE

ORGANIC FREE RANGE EGGS

12 ct., Select Varieties



\$419

MIYOKO'S

ORGANIC VEGAN CREAM CHEESES

8 oz., Select Varieties



\$469

Vintage

2/\$4

Orange

OLIPOP

SPARKLING TONIC

WITH PREBIOTICS

12 oz.

PURE GREEN

COLD-PRESSED JUICE SHOTS

2 oz.



\$2¹⁹

ORGANIC VALLEY ORGANIC CHEESES

8 oz., Select Varieties



\$5⁶⁹



Follow brands on social media to see how much they are truly giving back and/or changing manufacturing to allow for less damage to the climate.

Gsential Oil Of the month CK

Refreshing HAND



DUO \$1559 REG.\$2378

INGREDIENTS

- 1/2 cup of Dr. Bronner's unscented liquid castile soap
- 1/2 cup of distilled water
- 8 drops of Now Grapefruit essential oil
- 8 drops of Now Marjoram essential oil
- 1 tablespoon of vitamin E oil

For this recipe, you will need an 8 oz. glass push pump bottle. Start by adding your distilled water to your bottle, followed by the liquid castile soap. Add the essential oils and the vitamin E oil. Securely screw the lid back on, then shake the bottle to mix the ingredients together. You might have to shake the bottle a bit every time you use the soap, but it will work perfectly.

SPECIAL DUO PRICE GOOD ALL MONTH
*WHILE SUPPLIES LAST

RIPPLE PLANT-BASED LOW SUGAR MILKS

48 oz.



\$3⁵⁹

GRAIN TRUST

ORGANIC RICE POUCHES

20 07



\$399

ORGANIC WELLNESS SHOTS

2 07



2/\$5

JUST

EGG BITES MADE FROM PLANTS

4 ct.



\$8²⁹



DR. BRONNER'S SELECT LIQUID SOAPS



30% OFF MSRP

HEALTH & BEAUTY

MOON VALLEY ORGANICS
SELECT
PRODUCTS





20% OFF MSRP

SUKIN
SELECT
PRODUCTS



30% OFF MSRP



THE HUMBLE CO
SELECT DENTAL
PRODUCTS



10% OFF MSRP

BARLEAN'S SELECT PRODUCTS



20% OFF MSRP

SUPPLEMENTS

Healthy FOOD TREND ALERT

Sparkling water is combining with teas & botanicals to create arrazing flavor profiles for everyday beverages & mixers.

CHARLOTTE'S WEB
SELECT GUMMIES
& OILS



20% OFF MSRP

SELECT PRODUCTS



20% OFF MSRP

GARDEN OF LIFE
SELECT RAW
PROTEIN & RAW MEAL



35% OFF MSRP

HEMP FUSION & PROBULIN
SELECT
PRODUCTS



20% OFF MSRP

SELECT PRODUCTS



20% OFF MSRP

HYLAND'S
SELECT
PRODUCTS



20% OFF MSRP

JARROW
SELECT
PRODUCTS



25% OFF MSRP

SELECT PRODUCTS



25% OFF MSRP



SELECT PRODUCTS



30% OFF MSRP

SELECT PRODUCTS



30% OFF MSRP

NATURAL FACTORS SELECT WHOLE EARTH & SEA





30% OFF MSRP

SELECT PRODUCTS



25% OFF MSRP

NATURE'S WAY SELECT PRODUCTS





30% OFF MSRP

NORDIC NATURALS SELECT PRODUCTS



25% OFF MSRP

NULEAF SELECT PRODUCTS



25% OFF MSRP

SIMILASAN SELECT PRODUCTS



25% OFF MSRP

SMARTY PANTS SELECT WOMEN'S & PRENATAL GUMMIES



20% OFF MSRP

SOLGAR

SELECT STRESS & SLEEP PRODUCTS





30% OFF MSRP

Puro, Buffered Sodium Ascorbate Aslowidant Protection Villance C Pored Net Villance C Pored N

• Antioxidant Protection • Supports your immune system

• Vegetarian/Vegan

Healthy FOOD TREND ALERT

Mission based innovation is top priority. Health benefits are important but what the company stands for is equally as important.

APRIL BONUS BUYS

BONUS BUYS are items that we have negotiated with vendors to offer at a 35% discount or more!

NATURAL FACTORS
BERBERINE 500 MG.
60 capsules



\$18¹⁹

CALM SLEEP
60 capsules



\$10⁹⁹

YOUTHEORY **DAILY FAT BURNER**60 capsules



\$1099

SOLARAY SHARPMIND FOCUS FORMULA



\$16⁸⁹

ALOE LIFE ALOE VERA TOOTH GEL

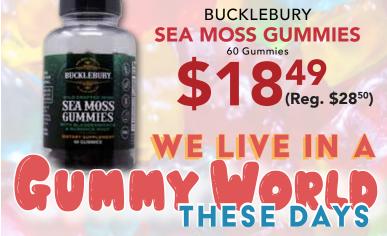


\$799

COLLAGEN POWDER UNFLAVORED



\$12⁴⁹



Multivitamins, individual nutrients, apple cider vinegar, herbal formulas are all available in a good-tasting gummy formula. Gummies have grown up and are not just for kids! GreenAcres is proud to work with an innovative formulator, Bucklebury to introduce Sea Moss Gummies.

What is sea moss?

Sea moss is a type of seaweed (chondrus crispus). Sea moss also goes by the names "Irish moss" or "red algae." It is a tough, stringy red, yellow, or purple seaweed that grows up to six inches high on rocks in tidal pools in the ocean. Because it grows on rocks, it absorbs many of the minerals and other key nutrients from the rocks themselves.

What is in sea moss?

Sea moss is called "nature's multivitamin" because it is reported to contain over 90 essential minerals, vitamin C, vitamin B12, vitamin D, E, A, K and much more!

Bucklebury Sea Moss gummies contain bladderwrack and burdock root with the sea moss to make for a powerful, nourishing superfood!

What are the health benefits of sea moss w/ bladderwrack & burdock root?

- Immune support sea moss has antimicrobial activity
- Thyroid health support minerals in sea moss support healthy thyroid function.
- Promotes skin/hair health micronutrients in sea moss benefit healthy hair, skin, and nails.
- Joint health support anti-inflammatory and antioxidant activity of sea moss can improve joint health.
- Detoxification Bucklebury Sea Moss gummies support body detoxification with the added burdock and bladderwrack.

This formula also can benefit a healthy metabolism and offer support for healthy weight.

All these exciting key benefits in *Bucklebury's Wild Crafted Irish Sea Moss Gummies w/ Bladderwrack & Burdock Root*are available in just two gummies per day.

Bucklebury's amazing berry flavored Sea Moss Gummies are easy to take and delicious! They are vegan friendly, gluten-free, soy-free, cruelty-free and made in the USA!

Bucklebury premium natural supplements are carefully crafted and made in FDA inspected facilities that are cGMP compliant. Stop into your GreenAcres Market and pick up your bottle while they are sale for 35% off, introductory price!



Your healthy food experts 8141 E. 21st St. Wichita, KS 67206

> Prices valid 4/01/2022 through 4/30/2022 at participating locations, while supplies last. All prices plus tax where applicable. Regular prices may vary from store to store. Not all items are available at all stores.



FIND YOUR LOCAL STORES.

KANSAS CITY

-The Village at Briarcliff-4175 N. Mulberry Drive Kansas City, MO 64116 PH 816-746-0010

WICHITA

-Bradley Fair-8141 E. 21st St. PH 316-634-1088

-West - 21st & Maize-10555 W. 21st St. PH 316-729-4365

-Normandie-6574 E. Central Ave.

PH 316-685-4283

-Clear Lakes-2315 W. 21st St., Suite 115 PH 316-832-1227

OKLAHOMA

-Walnut Square Shopping Center-7301 S. Pennsylvania Ave. Suite D Oklahoma City, OK 73159 PH 405-681-6060

-Lawton-

14 N.W. Sheridan Road Lawton, OK 73505 PH 580-353-1533

