



GREENACRES  
MARKET

SEPTEMBER SALES 2022



We're Here  
**TO HELP!**

Grab N' Go Options  
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The New Darling  
in Skin Care  
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GREENACRES.COM





As we head into the rush of the last 3 months of the year – school activities, holidays, seasonal projects, and in general “speeded up” everything -- it is good to remember that without our health, we have nothing! As overwhelming as it seems in order to keep a family happy and healthy, you can be rest assured that there is assistance along the way!

### We're Here to Help!

At GreenAcres Market we still value our relationships with our customers and strive to help with all healthy concerns you may have. AND, we also respect that for some of you, you want that interaction to be efficient, quick & help you find what you need & get on with your day. It's about finding that balance & taking care of YOUR NEEDS, as our valued customer.

### FAMILY WELL-BEING

Daily nutritional support, immune support, stress support, digestive support, and many other health situations can be easily achieved with a helpful store team member as your guide and advisor.

\*Visit our “GOOD HEALTH STARTS HERE” endcap for our top supplements selections.

### TOO BUSY TO COOK?

We have prepared foods in our delis that can provide whole meals or healthy add-ons to your dinner menu. Be sure to stop by the Grab 'n Go at your GreenAcres Market for a nice addition with tons of options!

\*GreenAcres specializes in gluten-free, vegan, vegetarian, paleo, & keto options.

### WORKING PEOPLE'S BLUES

Long hrs & hectic schedules can be a temptation to pull into the drive-thru for a fast, although unhealthy, option. Let us help you find some great healthier options for when you need a quick meal.

\*Our frozen items offer nutritious options without fillers, preservatives or additives!

### SPECIAL INGREDIENTS?

Walking up and down the aisles in search of that special ingredient for a recipe can be frustrating. Just ask one of our educated staff to help guide you to what you need.

\*if you are looking to make a special recipe – chances are we have the ingredients you wouldn't find at a regular grocery store!

Bottomline, we are here to help at whatever level you want us to. We encourage you to take a break from researching online & come talk to us – we've done a lot of the work for you already! We are here to help make your life easier.

### STAFF PICKS!



**MIKE, LAWTON**

"One of my favorites is our fresh organic pineapples. Besides the great taste they can even help reduce the risk of cancer!"



**JANA, BRADLEY FAIR**

"Curamed by terry naturally is my main go to for helping my customers deal with inflammation! Because it works!"



**BECKY, BRADLEY FAIR**

"My pick is our famous homemade pot pie because it's comfort food made with healthy fresh ingredients!!"



**JOSH, KC**

"I love Waterloo because it has no calories, no sugar, and tastes great! It satisfies my cravings for soda."



**ANNA, OKC**

"Now Mental Focus essential oil is one of my favorites! It has a pleasant fragrance & is perfect for a busy lifestyle."

### OUR MISSION

GreenAcres Market & Deli is your community Natural Foods Market committed to providing:  
Quality Education | Dedicated Customer Service | Fresh, Natural & Organic Products | A Unique Shopping Experience  
In order to improve the health of our community one person at a time.





# ORGANIC PRODUCE SPECIALS

ORGANIC SAVINGS ON NO. 1 GRADE PRODUCE!

LOOK FOR A

## NEW SALE FLYER EVERY WEEK!



IN STORES AND ON SOCIAL MEDIA!

## GRAB N GO OPTIONS TO *Stay healthy*

**WE HAVE ALWAYS BEEN COMMITTED AT GREENACRES** to offering the best selection of prepared foods that are clean, natural, fresh & organic. You can trust that we not only put the best ingredients possible into our recipes but we also make our dishes with love & passion because we know you will enjoy the flavor & health benefits.

In today's **SUPER BUSY ENVIRONMENT**, we know having more grab n go selections is important & we continue to add more everyday we bring our delis back to full operation with a new focus on convenience. Keep in mind, the four stores that have delis have similar options & very different options to cater to that store's needs.

We are also one of the region's top destinations for **ALLERGY SPECIFIC OFFERINGS** such as vegan vegetarian, keto, paleo, nut free, gluten free & dairy free. We want you to be able to enjoy what you eat no matter what restrictions you might have! Trust us to help you find tasty options you will enjoy.

We are expanding our grab n go options every day – so check in regularly & give us feedback! We are here to help make your healthy eating options for you & your family just a little bit easier!

### HOUSEMADE POT PIES

Chicken, Veggie & Beef (gluten free chicken option as well)

### HOUSEMADE BIEROCKS

Traditional European pastry filled with ground beef, onions, shredded cabbage & spices

### SIGNATURE COLD CASE SALADS

Ranging from traditional chicken salad to options to satisfy the biggest vegan or meat eater in the family

### SALAD & SOUP BAR

KC & Bradley Fair offer a soup & salad bar & all delis offer grab n go salads and soups as well. A great healthy way to get a meal on the go!

### HOUSEMADE BAKED GOODS

allergy friendly cakes, cookies, pies, brownies, cupcakes & much more

### HOT MEALS

Salmon, tacos, burgers, Chicken, Vegetarian options & more – varies by deli

### GRAB N GO SELECTIONS

deviled eggs, snack packs, mini meals to go, cold case salads already packaged, sandwich wraps, baked goods

### LOCAL VENDORS

We also love to partner with local vendors as well – check out each deli for special local favorites!



# GET HEALTHY WITH GUS



Pick up a travel size of digestive enzymes & take them when you know you have to "eat on the go" - digesting your food correctly is important to staying healthy.

# GROCERY SHOPPING MADE HEALTHY

ZEVIA  
ALL-NATURAL ZERO  
SUGAR SODA  
6-Pack



**\$4<sup>99</sup>**

4505 MEATS  
PORK PROTEIN  
SNACK STICKS



**2/\$4**

ACID LEAGUE  
SALAD DRESSING  
VINAIGRETTE  
10.1 oz.



**\$6<sup>49</sup>**

WILD PLANET  
SUSTAINABLY CAUGHT  
ALBACORE TUNA  
5 oz.



**\$4<sup>39</sup>**

BARBARA'S  
NON-GMO PUFFINS  
CEREAL  
10-11 oz.



**2/\$6**

UNREAL  
FAIR TRADE CHOCOLATES  
3.2-5 oz.



**\$3<sup>19</sup>**

BOB'S RED MILL  
WHOLE GRAIN  
OATMEAL PACKETS  
8 ct.



**\$2<sup>99</sup>**

CABOO  
NATURAL BAMBOO  
FACIAL TISSUE  
60 ct.



**\$1<sup>99</sup>**

COMVITA  
RAW MANUKA HONEY  
17.6 oz., Select Varieties



**\$29<sup>99</sup>**

COOMB'S FAMILY FARMS  
ORGANIC MAPLE SYRUP  
32 oz.



**\$22<sup>99</sup>**

CULTURE POP  
FRUIT JUICE  
PROBIOTIC SODA  
4 ct., 12 oz.



**\$6<sup>49</sup>**

ESSENTIA  
HYDRATING 9.5 PH  
ELECTROLYTE WATER  
1.5 Liter



**2/\$4**

GOOD SOURCE SNACKS  
ALL-NATURAL HEMP  
HEART SNACKS  
2.5 oz.



**\$2<sup>99</sup>**



GRANDYOATS  
**ORGANIC GRAIN-FREE  
GRANOLA**  
9 oz.



**\$7<sup>19</sup>**

HINT WATER  
**WATER INFUSED WITH  
FRUIT ESSENCES**  
16 oz.



**4/\$5**

GREENLID  
**TABLEWARE MADE  
FROM PLANTS**  
24 ct.



**2/\$4**

HIPPEAS  
**ORGANIC  
CHICKPEA PUFFS**  
4 oz.



**\$2<sup>99</sup>**

LATE JULY  
**ORGANIC MULTIGRAIN  
TORTILLA CHIPS**  
7.5 oz.



**2/\$7**

TAZA CHOCOLATE  
**ORGANIC STONE  
GROUND CHOCOLATE**  
Select Varieties



**2/\$7**

MADHAVA  
**ORGANIC EXTRA  
VIRGIN OLIVE OIL**  
16.9 oz.



**\$7<sup>99</sup>**

MINOR FIGURES  
**DAIRY-FREE OAT MILK**  
32 oz.



**2/\$6**

NAMASTE  
**GLUTEN-FREE WAFFLE  
& PANCAKE MIX**  
21 oz.



**\$6<sup>79</sup>**

NATURAL NECTAR  
**COOKIES TOPPED  
WITH CHOCOLATE**  
5.29 oz.



**\$4<sup>29</sup>**

NAVITAS  
**ORGANIC CACAO  
POWDER**  
8 oz.



**\$7<sup>99</sup>**

OWYN  
**PLANT-BASED  
PROTEIN DRINK**  
12 oz.



**2/\$5**

PRIMAL KITCHEN  
**AVOCADO OIL MAYO**  
12 oz.



**\$8<sup>59</sup>**

RAO'S  
**ALL-NATURAL PREMIUM  
PASTA SAUCES**  
24 oz.



**\$6<sup>99</sup>**



**instacart**

**FREE DELIVERY OPTIONS AVAILABLE**

SAPADILLA  
PLANT-BASED  
LAUNDRY SOAP  
32 oz.



**\$8<sup>69</sup>**

SIETE  
GRAIN FREE  
TORTILLA CHIPS  
5 oz.



**\$4<sup>49</sup>**

4 SISTERS  
ORGANIC RICE  
2 lb.



**\$4<sup>99</sup>**

SIMPLY ORGANIC  
ORGANIC TACO  
SIMMER SAUCES  
8 oz., Select Varieties



**\$2<sup>89</sup>**

STEAZ  
ORGANIC GREEN TEA  
16 oz.



**2/\$3**

TASTY BITE & SEEDS OF  
CHANGE  
READY TO EAT  
POUCHES  
8.5 & 8.8 oz.



**2/\$5**

TATE'S BAKE SHOP  
THIN CRISPY BUTTERY  
COOKIES  
7 oz.



**\$4<sup>99</sup>**

LESSER EVIL  
ORGANIC  
PALEO PUFFS  
4.6-5 oz.



**2/\$7**

TCHO CHOCOLATE  
CHOCOLATE BARS  
Select Varieties



**2/\$6**

TEECCINO  
CAFFEINE FREE  
HERBAL COFFEE  
11 oz., Select Varieties



**\$9<sup>99</sup>**

TONNINO  
POLE & LINE  
CAUGHT TUNA  
6.7 oz.



**\$6<sup>99</sup>**

UNDERCOVER CHOCOLATE  
CRISPY QUINOA WITH  
CHOCOLATE  
2 oz.



**2/\$5**

BIXBI PET  
GRAIN FREE  
JERKY TREATS  
5 oz.



**\$4<sup>99</sup>**

WELLER  
25 MG SPARKLING  
CBD WATER  
12 oz.



**2/\$7**

ARROWHEAD MILLS  
BUTTERMILK  
PANCAKE MIX  
26 oz.



**\$4<sup>99</sup>**

YUMEARTH  
ORGANIC CANDIES  
4.6-5 oz., Select Varieties



**\$3<sup>89</sup>**



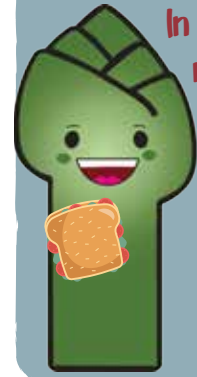
## GET HEALTHY WITH G-US

Looking for a specific product? Show us a picture of it when you come in & we'll help you find it quickly!



## REFRIGERATED & FROZEN DEALS

## GET HEALTHY WITH G-US



In a hurry, need a quick snack? Try our grab n go section in our delis for a quick bite!

A2 MILK  
**NATURAL A2 PROTEIN MILK**  
59 oz.



**\$3<sup>89</sup>**

BETTER BOOCH  
**SMALL CRAFT ORGANIC KOMBUCHA**  
16 oz.



**2/\$5**

DAIYA  
**NON-DAIRY CHEDDAR SLICES**  
7.8 oz.



**\$4<sup>29</sup>**

EVOLUTION FRESH  
**COLD-PRESSED JUICES**  
15.2 oz., Select Varieties



**\$3<sup>59</sup>**



### Better Eggs. Better Earth.

Our hen-first farms work in harmony with nature to create the best-tasting eggs and a better Earth. Enjoy our rich yolks. They're as vibrant as the sunrise!



**ALL MONTH**

Any SKU Helpful Hens

Pasture-Raised Organic:  
**\$6.69 (now \$5.69)**

Free Range Non-GMO:  
**\$4.89 (now \$3.89)**

Pasture-Raised Non GMO:  
**\$5.29 (now \$4.29)**

Free Range Organic:  
**\$5.89 (now \$4.89)**



Flap along with us @helpfulhens • [www.helpfulhens.com](http://www.helpfulhens.com)

## LEMON CHICKEN ORZO SOUP

### INGREDIENTS

(4 servings) Time to Prepare: 45 minutes

- 2 tablespoons butter (or olive oil)
- 1 medium onion, *chopped finely*
- 3 cloves garlic, *minced*
- 2 sticks celery, *diced*
- 2 medium carrots, *diced*
- 5 cups chicken stock• 2 large chicken breasts (about 2/3 lb. total) *boneless and skinless*

- ½ cup dry orzo pasta (uncooked)
- ½ teaspoon Italian seasoning
- 4 tablespoons lemon juice (*approximately juice of 1 lemon*)
- 2 tablespoons fresh parsley, *chopped*
- 2 tablespoons fresh dill, *chopped*
- salt and pepper, to taste

### DIRECTIONS

1. Melt butter in a medium pot over medium heat. Add onions and garlic and sauté until onions are soft and translucent, about 3-4 minutes. Add in celery and carrots and continue to sauté for another 3 minutes, stirring often.
  2. Add stock, chicken, and Italian seasoning. Bring to a boil on high heat, then cover, reduce heat to low, and simmer for 20 minutes.
  3. Remove chicken from pot and add orzo. Cook uncovered on medium high until the orzo is cooked through (about 10 more minutes), stirring occasionally. Meanwhile shred the chicken with a fork and then place back into the pot, while the orzo is still cooking.
  4. Once orzo is cooked, stir in lemon juice, parsley, and dill.
- Serve immediately with some extra lemon wedges and fresh herbs, salt and pepper.

ORGANIC VALLEY  
**ORGANIC PASTURE  
RAISED MILK**  
64 oz.



**\$4<sup>99</sup>**

HOPE FOODS  
**ORGANIC NON-GMO  
HUMMUS**  
8 oz.



**2/\$6**

KALONA SUPER NATURAL  
**ORGANIC  
GRASS-FED MILKS**  
64 oz.



**\$4<sup>69</sup>**

NOOSA  
**ALL-NATURAL  
YOGHURT**  
8 oz.



**2/\$4**

NOTMILK  
**PLANT-BASED MILK  
ALTERNATIVE**  
64 oz.



**\$2<sup>99</sup>**

TOFURKY  
**PLANT-BASED  
DELI SLICES**  
5.5 oz.



**\$3<sup>49</sup>**

CALI'FLOUR FOODS  
**LASAGNA WITH  
CAULIFLOWER PASTA**  
9 oz.



**\$4<sup>99</sup>**

COSMIC BLISS  
**ORGANIC GRASS-FED  
ICE CREAM**  
14 oz.



**\$6<sup>79</sup>**

**ALWAYS ORGANIC**  
Always Convenient



Organic Deli Sliced Meat  
• 6 oz., Select Varieties

**\$7<sup>79</sup>**



Organic Sliced Cheeses  
• 6 oz., Select Varieties

**\$5<sup>69</sup>**



- Organic is always non-GMO
- No antibiotics, synthetic hormones
- No toxic pesticides

FIELD ROAST  
**PLANT BASED  
SAUSAGES**  
4 ct.



**\$5<sup>49</sup>**

MEATLESS FARM  
**PLANT BASED  
BURGERS**  
2 ct.



**\$4<sup>29</sup>**

GRAIN TRUST  
**ORGANIC RICE  
POUCHES**  
30 oz.



**\$4<sup>09</sup>**

RUDI'S  
**ROCKY MOUNTAIN  
SOURDOUGH BREAD**  
22 oz.



**\$4<sup>69</sup>**



ACURE  
SELECT HAIR CARE  
PRODUCTS



**30% OFF**  
MSRP

# HEALTH & BEAUTY

DERMA E  
SELECT  
PRODUCTS



**20% OFF**  
MSRP

HAND IN HAND  
SELECT  
PRODUCTS



**30% OFF**  
MSRP

HERBATINT  
SELECT  
PRODUCTS



**30% OFF**  
MSRP

PRANAROM  
SELECT  
PRODUCTS



**20% OFF**  
MSRP

RADIUS  
SELECT  
PRODUCTS



**20% OFF**  
MSRP

TEA TREE THERAPY  
SELECT  
PRODUCTS



**30% OFF**  
MSRP

ZUM  
SELECT  
PRODUCTS



**15% OFF**  
MSRP

## ROSEHIP OIL: the new darling for skin care

IT MAY SEEM COUNTERINTUITIVE TO USE AN OIL-BASED SKIN CARE PRODUCT ON YOUR SKIN BUT THE RESULTS OF ROSEHIP OIL SHOWS EXACTLY THE OPPOSITE.

Rich in Vitamin A, which is known to help fight against age spots and wrinkles, *rosehip oil* is not only great for *anti-aging*, but it actually helps hydrate & reduce inflammation while balancing the dryness/oiliness of your skin.

Just ask *Kate Middleton*, the Duchess of Cambridge! According to Town & Country Magazine, Trilogy Rose Hip Oil products are her products of choice to maintain beautiful & glowing skin. Why does it work? Here are a few reasons:

### HYDRATES & MOISTURIZES:

Because it contains 80 percent fatty acids (omega 6 and omega 9), just adding a few drops of the oil to your skin once in the morning and once at night will help with dehydrated, itchy complexions.

### ANTI-INFLAMMATORY:

Harvested from the seeds of rose bushes, rosehip oil is filled with *antioxidants*, which help to reinforce the skin's protective barrier.

### HELPS REDUCE SCARS & ECZEMA:

Rosehip Oil also promotes skin regeneration, and can improve skin flexibility and permeability.

### ADDITIONAL KNOWN BENEFITS:

- It helps exfoliate and brighten skin
- It helps protect against sun damage
- It helps boost collagen formation
- It helps reduce hyperpigmentation

TRY OUR NEW TRILOGY ROSEHIP OIL LINE TODAY!  
ASK ONE OF OUR STAFF MEMBERS FOR SOME SAMPLES.

GET ALL YOUR

HEALTH AND BEAUTY favorites



DELIVERED  
TO YOUR DOOR



**instacart**

FREE DELIVERY  
OPTIONS AVAILABLE

ANCIENT NUTRITION  
**SELECT  
PRODUCTS**



**30% OFF**  
MSRP

# SUPPLEMENTS

**GET HEALTHY WITH GUS**



Functional beverages packed with nutrients, natural caffeine & low sugar are a great alternative to help satisfy your thirst and keep your energy going.

BEEKEEPER'S NATURALS  
**SELECT  
PRODUCTS**



**30% OFF**  
MSRP

BLUEBONNET  
**SELECT  
PRODUCTS**



**20% OFF**  
MSRP

BODY HEALTH  
**SELECT  
PRODUCTS**



**20% OFF**  
MSRP

CV SCIENCES  
**SELECT  
PRODUCTS**



**25% OFF**  
MSRP

# Stop Inflammation NATURALLY



**Curamed**

- Superior absorption curcumin
- Promotes healthy inflammation response
- 60 Softgels

Select Products  
**20% OFF**  
MSRP

**Curamin**

- Curcumin with Turmerones
- Extra strength, non-addictive pain relief
- 60 Tablets



**Clinical OPC**

- French grapeseed extract VX1
- Supports arteries and heart
- Promotes healthy blood sugar

*Terry Naturally*

## FERMENTATION - WHAT'S THE BUZZ?

As medical researchers learn more about gut microbiomes -- the communities of bacteria in our digestive system -- it becomes clearer that we need to ingest certain types of bacteria to keep everything in working order. That's where fermented foods often come into play, because they are oozing with so-called "good" bacteria. The list of such foods is longer than you might realize, ranging from buttermilk to beer.

The process of fermentation breaks down carbohydrates into easily digestible forms and leads to the reproduction of even more good bacteria once they are in our digestive system.

- Fermentation is a metabolic process that produces chemical changes in organic substrates through the action of enzymes. In food production, that means the activity of microorganisms brings about a desirable change to a food item or beverage.
- Not only is fermentation considered an aid to the absorption of nutrients, it also assists bacteria in the intestines in producing nutrients, such as B vitamins, vitamins C and K, antioxidants and omega-3 fatty acids.

### Where do you find fermented products?

GreenAcres Market dairy cases! You will find fermented products like sauerkraut, kimchi & kombucha. Dairy lovers can find yogurt and kefir that is filled with beneficial bacteria.

### Did you know supplements can be fermented?

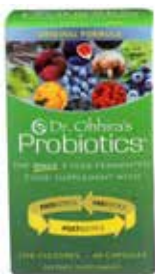
Since the fermentation process makes nutrients more bioavailable, you will find fermented herbs, mushrooms, probiotics and of course the ever-popular apple cider vinegar!

Check out our selection fermented at GreenAcres! You will power up your digestive health and nutrient base for better health!





DR. OHHIRA'S  
**SELECT  
PROBIOTICS**



**20% OFF**  
MSRP

HOST DEFENSE  
**SELECT  
PRODUCTS**



**25% OFF**  
MSRP

HYALOGIC  
**SELECT  
PRODUCTS**



**25% OFF**  
MSRP

ION  
**SELECT  
PRODUCTS**



**20% OFF**  
MSRP

Find Your **HEALTHY**



- Mushrooms promote vitality, energy & immunity
- Certified Organic & Non-GMO
- USA grown

Select Products  
**20% OFF**  
MSRP



**HEALTH** *for a* **LIFETIME**

Select Products  
**20% OFF**  
MSRP



**Quercetin Phytosome**  
• 250 mg  
• 60 Capsules



**Men's & Women's 45+ Daily Multi-vitamin**  
• 30 Capsules



- Clinical Potency
- Additive Free
- Non-GMO Ingredients
- Gluten free vegetarian formula

IRWIN NATURALS  
**SELECT  
PRODUCTS**



**30% OFF**  
MSRP

KOS  
**SELECT PROTEIN  
POWDERS & BLENDS**



**30% OFF**  
MSRP

KYOLIC  
**SELECT  
PRODUCTS**



**25% OFF**  
MSRP

LIFESEASONS  
**SELECT  
PRODUCTS**



**30% OFF**  
MSRP

**MEGAFOOD  
SELECT  
PRODUCTS**



**25% OFF MSRP**

**NATURE'S WAY  
SELECT GUMMIES**



**30% OFF MSRP**

**NATURE'S ANSWER  
SELECT  
PRODUCTS**



**25% OFF MSRP**

**RAINBOW LIGHT  
SELECT GUMMIES**



**25% OFF MSRP**

# SUPPORT YOUR *now* Immune System

Select Products  
**30% OFF MSRP**



**Elderberry Liquid  
Immune Support**  
• 8 fl. oz.

**Sambucus Zinc - C**  
• 60 Lozenges

**Silver Sol**  
• 4 fl. oz.

- Immune support products
- Natural products without artificial ingredients
- Products are minimally processed and comprehensively tested



**GREENACRES  
MARKET**  
*Your healthy food experts*

## YOUR NEIGHBORHOOD NATURAL FOOD MARKET & DELI

### GA IS A LEADER

IN OFFERING PRODUCTS FOR ALLERGY  
SPECIFIC DIETS:

GLUTEN FREE, KETO, VEGAN,  
VEGETARIAN & MORE

EXPANDED GRAB N GO OPTIONS

SUPPLEMENTS FOR A HEALTHY LIFESTYLE  
*HIGH-QUALITY PRODUCTS  
PICKED BY OUR EXPERTS*

## SO MANY WAYS TO SAVE!

**GREENACRES  
REWARDS**  
EARN POINTS WITH  
EVERY PURCHASE

- 1 Point for Each \$1 Spent
- Tracks points and rewards
- Free products w/ points
- Applies Digital Coupons

**2X  
POINTS!**

EARN DOUBLE REWARDS POINTS  
LAST DAY OF EVERY MONTH

- Earn double GreenAcres rewards points on the last day of every month

**WEEKLY  
DISCOUNTS**  
ON PRODUCE  
& SELECT PRODUCTS

- Weekly "Produce Pick" sale
- Weekly Produce ad

**SENIOR 10%  
DISCOUNT  
DAY!**  
VARIES BY STORE

- 10% Discounts for ages 65+
- Lawton has 10% military discount day
- Does not apply to sale items

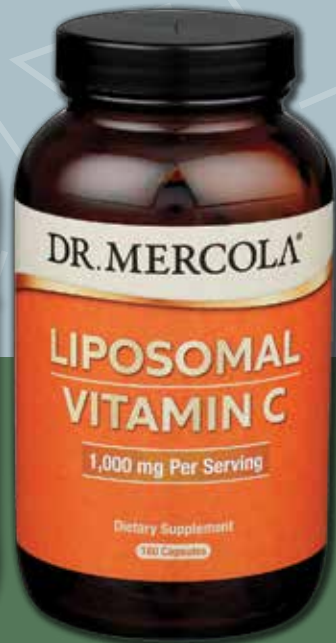
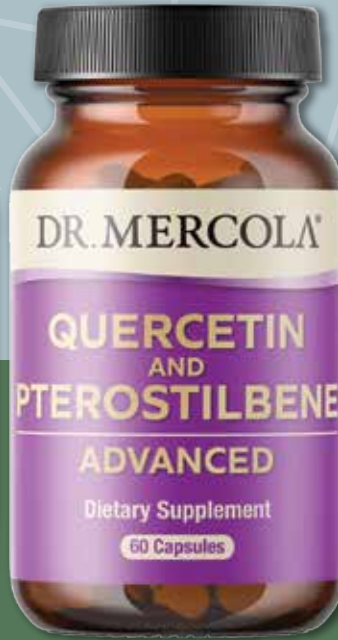
VISIT US AT **GREENACRES.COM** | FOLLOW US ON SOCIAL



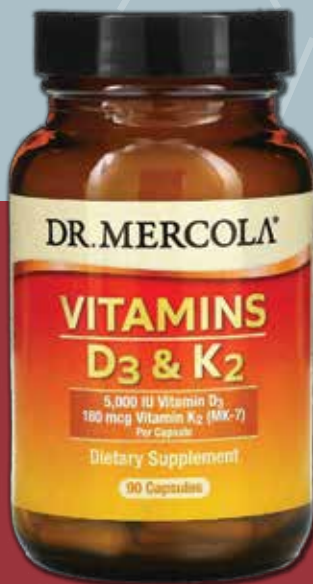
# *the* Game Changer *in health*

DR. MERCOLA

Select Products  
**25%**  
OFF MSRP



Select Products  
**25%**  
OFF MSRP



**Responsibly Sourced**  
We ethically source biodynamic and organic ingredients.



**Pure Ingredients**  
We guarantee clean ingredients in all our products.



**Renewable Packaging**  
Our products exclusively use glass or recyclable plastics whenever possible.



**ELDERBERRY**  
IMMUNE BOOST DRINK™

ULTRA POTENT  
35g Elderberry Juice  
From 300 Berries

With Antioxidant B Vitamins  
In Natural Citrus Flavors

**30% OFF MSRP**



**VITAMIN C**  
WITH BIOFLAVONOIDS  
CONCENTRATE  
500 mg

Immune System!

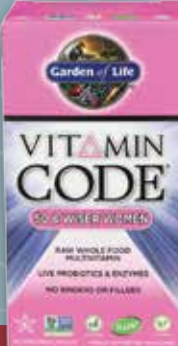
**35% OFF MSRP**

**INSTACART IS NOT  
JUST FOR GROCERIES...**






<p>SOURCE NATURALS <b>SELECT PRODUCTS</b></p>  <p><b>35% OFF MSRP</b></p>	<p>TRACE MINERALS <b>POWER PACK</b></p>  <p><b>25% OFF MSRP</b></p>	<p>VITAL PROTEINS <b>SELECT 15 OZ. CANNISTERS</b></p>  <p><b>20% OFF MSRP</b></p>	<p>YERBA PRIMA <b>SELECT PRODUCTS</b></p>  <p><b>20% OFF MSRP</b></p>
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120 Capsules




120 Capsules



120 Capsules

*Code Your Life  
the Garden Way*

**40% OFF MSRP**



60 Capsules

• Raw Whole Food Supplement • Live Probiotics & Enzymes • Non-GMO Project Verified



**Quercetin**  
• 60 Softgels



**Ashwagandha**  
• 60 capsules



**Zinc Citrate**  
• 90 Tablets



**NAC**  
• 60 Capsules

*Where Enhanced Immunity Begins*



# SEPTEMBER BONUS BUYS

**BONUS BUYS** are items that we have negotiated with vendors to offer at a 35% discount or more!

NORDIC NATURALS  
**ULTIMATE OMEGA 2X**  
60 ct.



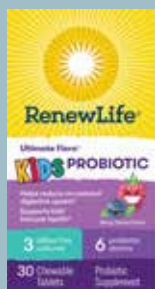
**\$32<sup>49</sup>**

NATURAL FACTORS  
**OREGANO OIL**  
1 oz.



**\$9<sup>99</sup>**

RENEW LIFE  
**KID'S PROBIOTIC**  
30 tablets



**\$10<sup>99</sup>**

KYOLIC  
**FORMULA 104**  
100 capsules



**\$9<sup>99</sup>**

SOLARAY  
**SUPER BIO C  
1000 MG.**  
100 capsules



**\$9<sup>69</sup>**

NATURE'S ANSWER  
**LIQUID  
CHLOROPHYLL**  
16 oz.



**\$12<sup>99</sup>**



ANDALOU NATURALS  
**SHAMPOO &  
CONDITIONER**

11.5 oz.

**\$5<sup>79</sup>** (Reg. \$9<sup>99</sup>)

**Argan Stem Cells**  
*for Thinning Hair*  
**STOP HAIR LOSS, NOW!**

Emotional or physical trauma, pregnancy, hospitalization, or infection can cause hair to switch from the growing phase to the shedding stage. While shedding hair is a normal part of the hair cycle, excessive shedding is not. During the normal hair cycle, we lose about 50 to 100 hairs per day, while someone experiencing telogen effluvium might lose about 300 hairs per day. This amount of shedding of hair from the scalp can lead to noticeable hair thinning. Telogen effluvium (TE as it's often called,) is sudden and can be dramatic. It's caused by the ordinary traumas of human existence.

The good news is that this type of hair loss is temporary, usually lasting from three to six months before going back to the normal hair cycle. For most people, the hair shedding, and thinning should resolve itself fully within one year from the onset.

### You can fight Hair Loss Naturally!

Andalou Naturals Argan Stem Cell shampoo and conditioner can help you regain your hair health and vitality. PhytoCellTec™, Argan stem cells, support stronger hair strands with less breakage and reduced hair fall. Argan oil nourishes and conditions hair for flexible core strength, smooth texture, and improved manageability. All plants have stem cells. Unlike animal cells, however, each plant cell has the potential to change the shape and function of a stem cell and become a completely new plant. PhytoCellTec™ is a new biotechnology used successfully to generate and culture plant stem cells.

### Argan Stem Cells - How do they work?

These stem cells of the root are key to hair growth and to the formation of the hair follicle. It has been demonstrated that Argan stem cells stop the loss of progenitor stem cells, promote the production of cells in the root and stimulate the cell repair processes to specifically treat both androgenic and senescent hair loss.

### We are Here to help you!

Since the beginning of the pandemic, over 2 years ago, GreenAcres Market employees have been helping women regrow their thinning hair with our natural hair restoration products as well as internal supplements that build healthy hair, skin, and nails. Let us help you find the best products for your regrowth and styling needs. Check out the incredible value on the Andalou Naturals Argan Stem Cell hair care options on sale at GreenAcres Market!



## GREEN ACRES MARKET

*Your healthy food experts*

8141 E. 21st St. Wichita, KS 67206

Prices valid 9/01/2022 through 9/30/2022 at participating locations, while supplies last. All prices plus tax where applicable.  
Regular prices may vary from store to store. **Not all items are available at all stores.**

FREE WITH

Rewards  
POINTS!



## FIND YOUR LOCAL STORES

### KANSAS CITY

#### -The Village at Briarcliff-

4175 N. Mulberry Drive  
Kansas City, MO 64116  
PH 816-746-0010

### WICHITA

#### -Bradley Fair-

8141 E. 21st St.  
PH 316-634-1088

#### -Normandie-

6574 E. Central Ave.  
PH 316-685-4283

#### -West – 21st & Maize-

10555 W. 21st St.  
PH 316-729-4365

### OKLAHOMA

#### -Walnut Square Shopping Center-

7301 S. Pennsylvania Ave. Suite D  
Oklahoma City, OK 73159  
PH 405-681-6060

#### -Lawton-

14 N.W. Sheridan Road  
Lawton, OK 73505  
PH 580-353-1533

